# MJCBY NEWS

## May 2024, Nissan 5784 - Iyyar 5784



## **IN THIS ISSUE:**

From the Rabbi's Desk	3		
Cantor's Notes	4		
President's Message	5		
<b>Volunteers Needed/Inclusion Committee</b>	6		
Mitzvah Day & Holocaust Scrolls Pictures	7		
May Events	8-9		
Security Corner	10		
Development	11		
Shalom Yeladim	12		
Religious School	13-16		
Bar Mitzvah – Alex Najarian	17		
JYC (Jewish Young Community)	17		
Lifelong Learning	18-20		
Sisterhood News & Events	21-23		
Men's Club/Good & Welfare	24		
Social Action	24-25		
June Events	26		
Contributions	27		
Yahrzeits	28		
Ads	29-30		

#### **MJCBY CLERGY & STAFF**

#### **CLERGY**

Rabbi Adam Gillman

Cantor Shana Onigman

#### **STAFF**

Gadi Ben-Menachem, Executive Director

Neda Donlin, Synagogue Administrator

Michael Roberts, Controller

Rebekah (Becky) Narli, Shalom Yeladim Director

Miriam Loew, Education and Program Director/Youth Advisor

Flo Sager, Religious School Administrator

Isaiah Ward & Marco Tello, Custodians

#### **EXECUTIVE COMMITTEE**

Jason Navarino, President

Marci Charm, 1st Vice President

Alexis McGrath, 2<sup>nd</sup> Vice President

Doug Goldstein, Treasurer

Eric Weinstock, Financial Secretary

Rita Gotfried, Secretary

Rebecca Wanatick & Amy Weinstock, Immediate Past Presidents

Ira Hammer & Fern Spitzer, Advisors

#### **ARMS OF THE SYNAGOGUE & COMMITTEE CHAIRS**

Adult Education - David Ganz & Peppi Glass

Board of Education – Marci Charm

Development – Irv Cohen & Sara Forman

Facilities – Fern Spitzer

Gemilut Hasadim - Debbie Goldstein

History - Lewis Stone

Inclusion – Rebecca Wanatick

Jewish Young Community - Nathan Vaisbort

Membership – Amy Brunswick & Rebecca Wanatick

Personnel – Rita Gotfried

Ritual - Howard Baum, Paul Green, & Ira Hammer

Security - Alexis McGrath

Shalom Yeladim – Fern Spitzer

Social Action - Louis Bodian & Howard Buxbaum

Technology – Paul Green, Mark Levine, and Amy Weinstock

#### **MEN'S CLUB**

Mark Levine (917) 439-8366

#### **SISTERHOOD**

Dorothy Cohen (973) 361-4338 (KIDDUSH COMMITTEE FOR MAY)

Heidi Schleifer-Fleischman (973) 615-5181

#### SISTERHOOD JUDAICA GIFT SHOP

Sharon Barkauskas (201) 874-8744, Vivian Laska (973) 984-8178,

Kim Synalovski (973) 714-7636, Janet Appelbaum (973) 886-0702 &

Ivy Rubin (973) 781-0844

#### SISTERHOOD TORAH FUND

Linda Rosenbaum (973) 895-2390

#### **NEWSLETTER**

Paula Czeisler, Editor & Designer

Fran Loewensteiner, Copy Editor



Gemilut Hasadim means "bestowing kindness." In Judaism, an attribute of G-d is said to be imitated by those who show personal kindness towards others.

The Gemilut Hasadim Committee at MJCBY is here to help support you and your family during times of need. Whether experiencing an illness, recovering from surgery, or having lost a loved one, we are here to help make difficult times a little easier.

We can cook and deliver meals, provide support during shiva, or help connect you with other resources. If you or a fellow congregant could benefit from our services, please contact Debbie Goldstein.

If you would like to be added to the list of those available to help when needs arise, please contact Debbie as well.

debbiegoldstein24@yahoo.com 973-713-3869

## **SERVICE SCHEDULE**

Friday Night – 6:15pm Saturday Morning – 9:30am

IN PERSON AND VIA ZOOM

https://us02web.zoom.us/j/6576297611

Meeting ID: 657 629 7611

Passcode: MJCBY

Join us online for Havdalah at the end of Shabbat every week! Havdalah times listed in weekly e-blast.

## FROM THE RABBI'S DESK



## Lag B'Omer: Candles and Bonfires of Memory Rabbi Adam Gillman

Lag B'Omer is the thirty-third day during the "counting of the Omer," the 49-day period that begins on the second day of Pesach and ends with the holiday of Shavuot.

The Omer period is a time of sadness and mourning during which we refrain from celebrations such as weddings, live music, and partying. Lag B'Omer offers a pause

from this period of introspection and restraint. The mood is joyous, a stark shift from the somber of our mourning practices, which are temporarily lifted.

The day is also the *yahrzeit* (the anniversary of the death) of the great second-century sage Rabbi Shimon bar Yochai, also known by the acronym *Rashbi*, considered to be the author of the Zohar, the foundational text of Kabbalah (the Jewish mystical tradition).

We remember the deceased with our words, sharing our memories, and bringing their presence into greater focus. We also light candles to honor them. The book of Proverbs offers a possible reason for lighting candles on the Yahrzeit.

"The life-breath of a person is the lamp of God, revealing all of a person's innermost parts."

- Proverbs 20:27

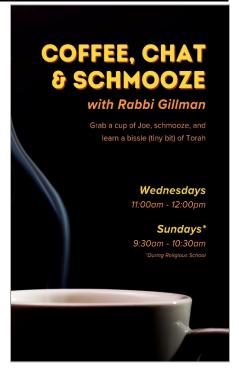
On this verse, Rabbi Adin Steinsaltz offers the following commentary: God examines the inner life of a person by means of their own soul, which serves as a lamp. Thus, everything is revealed before them, including matters that are concealed from the person themselves.

Might this be why we light a flame on Lag B'Omer as well?

While not a Yahrzeit Candle in the traditional sense, for hundreds of years, there has been a minhag, a custom to light a large bonfire near Rabbi Shimon Bar Yochai's grave on Mount Meron in northern Israel in honor of his hilula, the yahrzeit of a great teacher.

The day is marked by music, song, dance, and, most importantly, the lighting of large bonfires.

Like the light of Rabbi Shimon Bar Yochai and his Torah, we gather to guard and reignite the flame that has lasted for so many years. May we be blessed to continue learning, praying, eating, building, and dreaming together. Through our collective strength, let us ensure that the light never goes out.



When is Lag BaOmer 2024?

Lag BaOmer starts on the evening of **Saturday, May 25, 2024**, and ends on the evening of **Sunday, May 26, 2024**.

## **CANTOR'S NOTES**



## Teaching & Learning to Lay Tefillin Cantor Shana Onigman

Teachers of *halakha*, Jewish law, like to remind us of the two different kinds of commandments, according to the Talmud. The first category, *Mishpatim*, are rules that are logical, that make sense, and we probably would have arrived at even without the Torah to tell us, such as prohibitions against murder, kidnapping, incest, and theft. The second category, *Hukkim*, are rules that do not appear to have any obvious logical or moral reasons

backing them up. The Talmud (Yoma 67b) gives examples of eating pork, wearing clothing made of *sha'atnez* (fabric that is a mixture of wool and linen), among others. The Talmud goes on to add: "lest you say these have no reason and are meaningless acts, therefore the verse states: 'I am Adonai' (Leviticus 18:4), to indicate: I, Adonai, decreed these statutes and you have no right to doubt them."

In my experience teaching, I have found that children, especially between the age of about 7 or 8 and 13, appreciate laws that are logical and make sense, and are often bothered by rules that don't seem to have reasons. "But why?" is a famous phrase out of the mouths of children this age for good reason. They're trying to make sense of a world that frequently doesn't seem to make sense, and when they can't find logic inherent in Jewish law, it's easy to reject it.



Laying Tefillin falls into the category of *Hukkim*. It is one thing to understand prayer, a need to connect with the Divine, to express gratitude and wonder and to ask for help and forgiveness, to remind ourselves of the holiness intrinsic in our lives. It's another thing to strap tiny black boxes made of hardened leather containing passages from the Torah written on tiny rolled-up pieces of parchment to our arms and our heads, in very specific ways: The strap goes seven times around the arm between the elbow and the wrist. Tighter -- no, not that tight! The knot sits exactly here on the back of the head. The straps go this way around the hand to create the letter *shin* -- no not that way, between *these* fingers, try again... Wait, explain to me again, why are we doing this?

It helps to explain that the Tefillin contain tiny scraps of parchment upon which four passages from the Torah are written that have the instructions "you shall bind [these words] as a sign on your hand, and they will be a reminder above your eyes" -- the most famous of these being the *V'ahavta*, which these students know well. The synagogue owns a few pieces of deliberately unfinished Tefillin that we open up so students can find the words in the scraps of parchment themselves, in addition to seeing what tefillin look like in the process of being created. Does it also help to explain that Jews have been wearing tefillin for almost 2000 years, the oldest set found by archaeologists dating back to the 2nd century CE? Maybe. Does it help to talk about pressure points on the skull that supposedly assist in focus and concentration, according to theories of accupressure? Probably not. How about pointing out the symbolism of placing the written words of God's commandment to us directly on the frontal lobe of our brain -- with which we do our thinking and decision making -- and our arms, with which we do our actions? Well, it's a rare 11–12-year-old kid who is into symbolism, but maybe. What I can say I appreciate most about teaching tefillin is that it is a physical action we can do with our bodies. So much of Jewish learning focuses on reading and discussing text. For the sake of those who thrive best on kinesthetic learning, that is, taking action, the experience of putting on Tefillin is one that they can connect with better than all that reading and listening. This year's class of 6th and 7th grade students asked excellent questions, gave it their best shot, and were quite successful in their first attempts to lay tefillin themselves.

## PRESIDENT'S MESSAGE



## Yom Ha'atzmaut

Jason Navarino

In a couple weeks' time, we will celebrate Yom Ha'atzmaut, the 76<sup>th</sup> birthday of the modern State of Israel. But seven months out from the horrors of October 7<sup>th</sup>, it still feels awkward to celebrate. It was the worst day for the Jewish people since the Holocaust, and yet in many countries and on so many college campuses people seemed to have more sympathy for the terrorists than the terrorized. The horrible human tragedy unfolding in Gaza, where the Israeli hostages remain, has not led to mask

condemnation of Hamas for building terror tunnels underneath schools, hospitals, and residential buildings, such that an attack on Hamas would inevitably – and in Hamas's distorted moral sense, ideally – result in a tremendous loss of human life. Rather, it has led in so many places to mass condemnation of Israel, coupled with scary questions as to its legitimacy and disturbing calls for its destruction.

We are traumatized. And our people in Israel are traumatized – less by the antisemitism we are witnessing outside of Israel, but more by the loss of lives, the sexual violence, the loss of a sense of security, and the impact of the ongoing war. And yet, as Rabbi Gillman and others in our congregation who have visited Israel in recent months have witnessed and told us, there is an incredible resiliency and sense of unity among Israelis. They are not united politically, but they are largely united socially – supporting each other during the worst of times in the best of ways.

Our Religious School students recently got to witness this resiliency and spirit firsthand. As our Education and Program Director Miriam Loew explains:

Avi Siegel from Federation reached out to me inquiring about the possibility of hosting the Israeli Diller fellows (from Rishon LeTzion) for an afternoon [on April 17<sup>th</sup>]. They were hoping to visit two area synagogues to learn about Jewish life and community here more in depth, and to learn about the style and history of each synagogue. Of course I gave him an enthusiastic yes . . . . Rabbi Gillman spoke to them in the Sanctuary, and they had a chance to ask questions as well. The highlight of the afternoon was spending time with our RS kids. We schmoozed and got to know each other, shared snacks, sang and danced. It was amazing! (See page 16 for pictures)

The *ruach* was incredible. Some clips of the Israeli teens singing along with our Religious School students can be found on the MJCBY YouTube channel:

https://www.youtube.com/watch?v=xvFqcnCfnIA&list=PLH5mqxFUwfHJ22oJButo9w77BLuXPaGn.

Let's take a lesson from our Israeli friends this Yom Ha'atzmaut. Just as Israel spends the 24 hours preceding Yom Ha'atzmaut solemnly remembering those who gave their lives defending the country or who were victims of terror, let us remember and mourn. But then, let us turn to a joyful embrace of our people, our land, our culture, and our faith. This doesn't require uncritical support for specific leaders and their politics, governmental policies, or even military strategies or tactics. Keeping quiet when we disagree would be out of character for us. But we should celebrate our resilient character, and our incredible history – overcoming powerful adversaries since Pharaoh in ancient Egypt, developing vibrant Jewish communities around the world (including our 125-year-old one here in Morristown), and ultimately building a pluralistic democracy and hi-tech economy in the place we left Egypt for. We should support one another in good times and bad. And we should stand tall, and proudly declare: *Am Yisrael Chai!* The people of Israel live!

Our clergy is here for you. Please let us know when you need us or when you want to share your good news: a new baby, a marriage, or other simcha. We want to know, but you must tell us. Please call the office at (973) 538-9292 or email <a href="mailto:office@micby.org">office@micby.org</a>. When you have experienced the death of a loved one, please contact Rabbi Gillman at (973) 538-9292 before you make any plans. He will be the most helpful in making these preparations in a proper Jewish manner.

### KIDDUSH VOLUNTEERS NEEDED

With Dorothy Cohen stepping down as head of the Kiddush Committee, we thank her for the fantastic job she has done and know it will be hard to fill her shoes. With that said, MJCBY is looking for volunteers to be a part of a newly formed Kiddush Committee-same fantastic food but with a more collaborative approach. For example, one or two people purchase the food for the week and another few prepare it. The next week it rotates and so on and so forth. The goal is that if we get enough volunteers, people should only have to help once a month or so (of course, if you wish to help out more, then that is totally welcome and appreciated!). Please reach out to Marci Charm, marcicharm@gmail.com if you are interested!

### **VOLUNTEER OFFICE HELP**

MJCBY is looking for additional volunteers to help cover the office during absences or to help during peak times (think High Holy Days). This is a great opportunity to do a mitzvah that doesn't require a regular time commitment so it can fit into your schedule. We have a small crew who have been pitching in, but it would really help to have a bigger roster. Your presence here helps keep the synagogue office open for business!

Shifts are *usually* 9:00-12:30 and 12:30-4:00. You only need to answer the phone and let people in. There is even a cheat sheet with all the info you need to know. It is a great way to meet fellow members or even see old friends! If you are interested in volunteering, please let me know. You can email me at <u>rgotfried@gmail.com</u>.

## **INCLUSION COMMITTEE**

At MJCBY, we pride ourselves in being an inclusive and welcoming Jewish community. Feeling that each of us has a place to belong and contribute to community is key to wanting to be more involved. We are doing a great job, but we also know that there are ways in which we can do better. We are taught, "Lo alecha hamlacha ligmor, v'lo atah ben chorin l'hivatel mimena" — "You are not expected to complete the task, but neither are you free to avoid it." (Rabbi Tarfon, Pirkei Avot 2:21) As we continue to grow and expand our programming to best meet the needs of our community, we are seeking your input to better understand how we move forward.

We have developed an Inclusion Committee to explore the ways in which we can better engage and meet the needs of all members of our community, with an initial focus on disability and LGBTQ+ communities. We have begun with 2 small working groups focused on addressing these areas. If you are interested in participating in either group, please contact Becca Wanatick at <a href="mailto:rwanatick@gmail.com">rwanatick@gmail.com</a>.

# COMMUNITY MITZVAH DAY & NYC HOLOCAUST SCROLL GATHERING PICS







**PROGRAM LINK** 

https://www.canva.com/design/DAGA0SFuCbg/vyzPmFPsOxptjNcmp3EnBw/edit?ui=eyJBIjp7lkkiOnsiQil6dHJ1ZX19fQ



A Sephardic tradition celebrating the end of Passover with a delicious Moroccan dinner and dancing

#### FRIDAY MAY 3

KABBALAT SHABBAT 6:15PM DINNER & DANCING 7:15PM

MEMBERS \$15 NON MEMBERS \$20 KIDS 6 - 12 \$5 UNDER 5 FREE

## MJCBY **SHALOM CLUB** IS BACK!

COME JOIN US FOR OUR FIRST MEETING:

**CHAIR YOGA WITH LOUISE KARGER** 

FOLLOWED BY LIGHT REFRESHMENTS AND IDEAS EXCHANGE

BRING YOUR IDEAS & SUGGESTIONS FOR SHALOM CLUB!

TUESDAY. MAY 7. 10AM



We are so excited that Shalom Club is back! We will be meeting regularly for social and cultural events. Come join our first meeting for some chair yoga with Louise Karger and bring your best ideas for activities you'd like to see as part of Shalom Club!

## **MAY EVENTS**









## SUNDAY MOVIE NIGHT SERIES PRESENTS



## EVERYTHING IS ILLUMINATED

**MAY 19 AT 7:00PM** 



FREE MOVIE, FREE REFRESHMENTS BRING A FRIEND! Join our lively post-film discussion

Written by Jonathan Safran Foer, a young Jewish-American man obsessed with his family history, (Elijah Wood) decides to journey to the Ukraine to find out more about grandfather. Guided by Alex (Eugene Hutz), a rap-obsessed local, Jonathan ventures into the heartland of the Ukraine seeking to shed light on events that occurred to his grandfather during World War II. Joining Jonathan and Alex is the latter's surly grandfather (Boris Leskin) and a dog named Sammy Davis Jr.

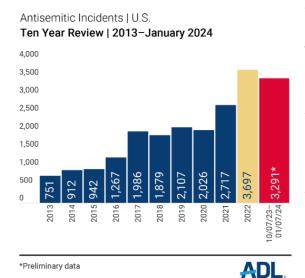
You will laugh, you will cry, you will be surprised!

## **SECURITY CORNER**



## Protecting Against an Anti-Semitic Attack Alexis McGrath, Security

News about the worldwide rise in antisemitism is inescapable. You only have to open a newspaper, your favorite news app, or turn on the TV—headlines about harassment, assault, stymied attacks, and protests against the Jewish community are always on the front page. Many of our friends and partner organizations across the country, including at universities, experience these incidents firsthand.



You might wonder if this truly reflects an increase in the number of incidents, or if we are just garnering more media attention than usual. The Anti-Defamation League provides the answer: unfortunately, there has been a **360% increase** in antisemitic incidents in the United States since the attack on October 7<sup>th</sup>, 2023. The chart to the left, based on ADL data, is daunting. It shows that the Jewish community regularly experiences antisemitic incidents and attacks (which is inexcusable in itself), but that the statistics have risen so steeply in 2022—and even higher since October 2023—as to be intolerable.

Your next question might be, "What can we do about this?" While the issue of combating antisemitism is outside of the MJCBY Security Committee's scope (we'll leave that to our clergy), we can advise on how to better protect yourself, your family, and our community from attack.

- First, don't withdraw or isolate yourself from our Jewish community and our larger Morristown community. We cannot allow ourselves to succumb to fear and must instead *increase* our connections with one another to build an even stronger Jewish community and neighborhood. We should come together more now than ever before.
- Second, always be aware of your surroundings and plan to avoid demonstrations and large crowds. At MJCBY, to
  ensure your safety, we have significantly increased our communications and collaboration with the Morristown
  Police Department, the Morristown Fire Department, Morris County Office of Emergency Management, the
  Morris County Sheriff's Department, and the NJ Office of Homeland Security and Preparedness' intelligence
  agency and its Interfaith Advisory Council. Your Security Chair and Executive Director have direct and immediate
  lines of communication with Fire Dept. Deputy Chief Prizzi, Police Chief Richardson, Sheriff Gannon, and leads at
  key emergency response agencies to ensure we get the best threat information and response capabilities
  possible.
- If you see something, say something. Always err on the side of reporting questionable behavior and "trust your gut." The police have emphasized to our staff they would much rather check out a false alarm than have to respond to an incident. Reporting can save lives.
- Participate in security awareness and emergency response courses when possible. The more information you have, the more effective your response during an incident.
- Have a family emergency plan. Keep your cell phones charged, and identify a meeting point in case of emergency.

If you have any questions about security at MJCBY, want to suggest a Security Corner topic, or would like to volunteer, please email the security committee at <a href="mailto:security@mjcby.org">security@mjcby.org</a>.

## **DEVELOPMENT**

Thank you so much for your ongoing support of MJCBY! Without your financial support, beyond your payment of dues, we cannot achieve as much as we desire. Today, we call on you to help strengthen our community by making a commitment to support our Kol Nidre and Education Endowment Fund. As of today, we do not know if matching funds will be available to us for any of our fundraising efforts going forward. Therefore, it is critical for us to reach 100% participation from our congregation for this appeal. No donation is too small or too big. We ask each of you to assess what you can afford and then just stretch a little bit more. We need to be able to fund the necessary expenses to run the daily needs of our shul and the programs that you want and need, beyond the religious aspects of our lives.

On many fronts, the last few years have been challenging and unfortunately the news has not improved. Our dues cover only a portion of the synagogue's operating budget. Maintaining the beauty of our historic building is costly, hence our Building Renovation Fund, and our Education Fund directly benefits the religious school's comprehensive programming that sets MJCBY apart from all other synagogues in our area.

As your lay leadership, we are working hard to chart the best path forward for our community, which has changed significantly over the last several years. We have begun to develop a comprehensive strategic plan, but we need your help to achieve a living plan that meets our members' needs and desires. This does <u>not</u> only mean monetary support but also your thoughts, suggestions, needs, and desires. Your input is vital and necessary for MJCBY to grow and thrive into our next century.

Our board of directors understands that there is a limit to how many fundraising requests our members are prepared to consider, and that is why our 5784 campaign will be asking you to pledge for both Kol Nidre and the Education Fund together.

We are always available to speak or to answer questions if you would like more information. Please do not hesitate to call us or text us; our mobile numbers are listed below.

Thank you again for your consideration, your past support, and your future commitment and involvement. There is nothing to say you can't give more to Kol Nidre as the year goes on.

B'shalom,

Irv Cohen & Sara Forman

Development Co-Chairs (973) 615-4488 (917) 273-6185

## SHALOM YELADIM-THE JUDIE GERSTEIN EARLY LEARNING CENTER



## **April Events and Celebrating With Our Passover Play!**

Becky Narli, Director

Shalom Yeladim had so many exciting events this month!

We had a field trip to the Morris Museum, and also a visit from Macculloch Hall Historical Museum and a special program called, "Honeybees: Alive in the Hive." We had a lovely lesson with Miriam, head of our religious school, who sent the children on a search for

chametz with a feather and a spoon.

To top off an exciting month, we also had the Passover Play, performed by the whole school! Thanks to Cantor Shana, who rehearsed with us for the past month and also created an audio file of the songs, so the children could practice at home. To top the contribution from the Onigman family, Ilan recorded the show for the parents and brought his camerawoman, Rosie. The teachers went above and beyond: Shari as the director; Hilary as assistant director; Sue on set design; Judy, Wendy, Michelle, Sari and Katrina on getting a small child to the wear a head "shmata"; the parents for the beautiful setup in the Ballroom; and Fern for, despite not feeling her best, feeding the 100 people who attended the show. Have a happy Passover from Shalom

## Yeladim! -Becky Narli and the SY Teachers



**MAY CALENDAR** 

Mommy & Me

For Babies up to 24 months and their caregivers

May 1, 8, 15, 22, 29

Wednesday Mornings 9:30 – 10:30am

For more information, please email <a href="mailto:becky@mjcby.org">becky@mjcby.org</a> | 973-538-8284

OPEN TO THE COMMUNITY
NO CHARGE

5/13 YOM HA'ATZMAUT – 9:45am START

5/27 MEMORIAL DAY – NO SCHOOL



Shalom Yeladim - The Judie Gerstein Early Learning Center

is offering

8 Weeks of Fun and Friends for ages 18 months - 4 years!

Beginning June 17, 2024

Hours: 9:00am to 12:30pm or 9:00am to 2:30pm before and after care may be available minimum of 3 children required

Nut free/Allergy friendly

Morristown Jewish Center Beit Yisrael 177 Speedwell Avenue Morristown, NJ 07960 www.mjcby.org

For more information call (973)538-8284 or email becky@mjcby.org

## **RELIGIOUS SCHOOL**



**Getting Excited for Passover!**Miriam Loew, Director



## **YOUTH SHABBAT**

MINYONAIRES (Ages 12+)
Saturday, May 4th
at 9:30am

#### JUNIOR CONGREGATION

3<sup>rd</sup> – 7<sup>th</sup> Grade

Saturday, May 11th 10:30am

## **ALP:**

For Teens Grades 8-12

## Yom Hazikaron Reflections

Monday, May 13th

6:30-8:30pm - dinner included

For more information, please email miriam@MJCBY.org

## **RS SEDER PLATE MAKING**

Look at these beautiful, unique and creative Seder plates our students made!







We had so much fun baking Matzah together. Those 18 minutes went by so quickly!

## RS MATZAH BAKE







## RS MODEL SEDER

Our annual Interactive Model Seder is one of the highlights of our year!



## **RS DILLER VISIT**

What an honor to be chosen as one of two area synagogues to host the Israeli Diller teen delegation! Our students had such a great time meeting the spirited teens from Rishon Letsiyon. We shared snacks, sang and danced together and made memories to last a lifetime!









Wishing all our students and families a joyous and meaningful Pesach!

## BAR MITZVAH – ALEX NAJARIAN – May 25th



Lauren, David, Isaac, and Orli Najarian are overjoyed to invite the congregation to celebrate with them as their son and brother, Alex Levi, becomes a Bar Mitzvah on May 25<sup>th</sup>. Alex has been a member of the synagogue since he was a few weeks old. He attended Mommy and Me, Shalom Yeladim, and Religious School here, and now helps in his mom's religious school class. Alex is a 7th grade student at Gottesman RTW Academy in Randolph, where he earned the distinction of being a Head of School/ Highest Honors student. Alex plays on the school soccer and basketball teams, and he is the 7th grade representative to the Student Council. He is an avid chess player who enjoys attending local chess tournaments. Alex attends Camp Zeke in the Poconos and is looking forward to going back there for his fourth summer. Mazel tov to Alex!

## JEWISH YOUNG COMMUNITY OF NEW JERSEY (JYC)

Nathan Vaisbort <u>jycnewjersey@gmail.com</u> or (862) 217-4942, Chair Jacob Levy, Writer/Editor

#### Shabbat

On Friday, May 31<sup>st</sup>, JYC will be having Shabbat dinner at Morristown Jewish Center Beit Yisrael (MJCBY). Services will begin at 6:15 p.m., followed by dinner at 7:15 p.m.

Secure your spot early through OneTable!

Admission is free for the first 30 registrants. All subsequent registrations will be just \$18. The registration deadline is Wednesday, May 29<sup>th</sup>.

New members are always welcome to attend.

#### **JYC Book Club**

Join us for our next book club meeting on May 19<sup>th</sup> at 6:30 p.m. We will be discussing *Frankenstein* by Mary Shelley.

The event will take place on Google Meet.

For more information, please email Heather Sloan at heather@sloan799@gmail.com.

#### Stay Up to Date

Be sure to follow JYC on Facebook, Instagram, Meetup, and its website, jycnewjersey.com, for news about upcoming events.

## **LIFELONG LEARNING**



## We were very busy in April! Miriam Loew, Director

**RED SHABBAT** – So much fun at **RED** Shabbat! This was a **special Shalom Yeladim Shabbat** with fun and prizes for all.







**USY ESCAPE ROOM** - USY enjoyed a fun afternoon at Morristown Trap Door Escape Room! Just like the Israelites escaping Egypt, our teens made it out victoriously!





## LIFELONG LEARNING - CONT.

**BETTER TOGETHER** – Another wonderful visit at Lester Senior Living with our Better Together Students! We made beautiful Seder plates and shared snacks together. We can't wait for next month when our Lester friends will come to visit us at MJCBY to make beautiful Mezuzot with Glassworks!





#### **BETTER TOGETHER UPCOMING DATES!**

**Sunday, May 5** Mezuzah Making with Glassworks Morristown! 2 - 3:30pm. We will meet at MJCBY, the glassworks instructor will come to our building. **Sunday, June 2** Israeli dancing, 1:30 -2:30pm at Lester **Friday, June 14** End of Year Shabbat dinner, services and dessert at MJCBY 5:30pm - 7:30pm



## <u>LIFELONG LEARNING – CONT.</u>

**MIRIAM VISITED SHALOM YELADIM TO TEACH ABOUT BEDIKAT CHAMETZ** - Our SY students had so much fun with a Bedikat Hametz Scavenger hunt! We can't wait for next month when we will be making little Torah's in honor of Shavuot!



## SISTERHOOD NEWS & EVENTS

#### MARJORIE ELKIND SISTERHOOD BOOK GROUP

The next Sisterhood Book group selection is TOMORROW, AND TOMORROW, AND TOMORROW BY Gabrielle Zevin. We will meet on Wednesday May 29th. For more information about book group, please contact Amy Brunswick at abrunswick4321@gmail.com.

#### **JOIN SISTERHOOD FOR 2023-2024 YEAR**

If you have not joined the Sisterhood yet, we encourage you to do so. Your \$36 membership donation supports our Synagogue and the Women's League for Conservative Judaism and provides us with the opportunity to offer educational and fun community building events. Send a check payable to MJCBY Sisterhood, and you'll be able to take part in all of the fun and exciting events we offer!

#### **KIDDUSH COMMITTEE**

The **Kiddush Committee** needs your help to prepare the kiddush luncheon each week. Please contact Marci Charm (marcicharm@gmail.com) for more info.

#### **BECOME A KIDDUSH SPONSOR**

Share a special occasion with us by becoming a KIDDUSH SPONSOR. To donate, send your check made out to: MJCBY Kiddush, Attn: Kiddush Fund, 177 Speedwell Ave, Morristown, NJ 07960. Please include the occasion and your honoree! Questions? Email <a href="mailto:marcicharm@gmail.com">marcicharm@gmail.com</a>

#### **SAVE THE DATES:**

APRIL 5<sup>TH</sup>, 2025 – SISTERHOOD SHABBAT!!! MAY 4<sup>TH</sup>, 2025 – TORAH FUND BRUNCH!!!

## TORAH FUND CAMPAIGN OF WLCJ PIN 5784 (2023-2024)



#### Kol Yisrael Arevim Zeh Ba'Zeh

### All of Israel is Responsible for One Another

This pin highlights the word 'arevut,' responsibility. It corresponds to the theme from the Babylonian Talmud, Shevuot 39a, that all the people of Israel are responsible for one another, and we assume that responsibility through our support of the five Conservative/Masorti institutions of higher education.

For more information, contact Linda Rosenbaum

Text or call: 973-214-0704

Send checks to: 4 Ascot Lane, Morristown, NJ 07960

Torah Fund Cards are also available in the Gift Shop!



donation of \$180 to Torah Fund or a minimum gift of \$18 to Torah Fund (or \$25 at the door)

All Attendees must RSVP by May 26th
Make checks payable to Torah Fund
using the enclosed envelope.
RSVP to sisterhood@mjcby.org
If there are questions, please contact

Linda Rosenbaum (973) 895-2390

The Sisterhood

of Morristown Jewish Center Beit Yisrael

cordially invites you to the

Annual Torah Fund Brunch

Honoring

Hilary Spain Reilly

as the recipient of the Eishet Chayil Award

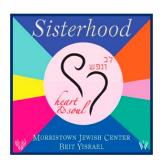
Sunday, June 9, 2024

At 10 o'clock in the morning

Morristown Jewish Center Beit Yisrael 177 Speedwell Avenue, Morristown, New Jersey



!!! OUR NEW EMAIL ADDRESS - sisterhood@mjcby.org!!!



## MJCBY Sisterhood Needs You Do more than just belong... Get involved!

Volunteering to get involved with the Sisterhood Board is a great way to make new friends, collaborate on events, learn something new and have a fun time building a strong future for MJCBY. What better way to support your MJCBY community than to use your special talents and get involved with our MJCBY Sisterhood Board?

Look at the various opportunities outlined below and see if something strikes your fancy and where you can make a contribution.

#### **Sisterhood Board Positions and Committees:**

- **President** Elected person officially in charge of our Sisterhood. (Dorothy will be stepping down at the end of this year, so we need someone to step up.)
- Membership Encourage members to join Sisterhood. Organize New Member dinner with a committee.
- Treasurer Maintain the financial records for Sisterhood.
- Financial Secretary Track Sisterhood membership for Women's League.
- Recording Secretary Take minutes at Sisterhood board meetings.
- Corresponding Secretary Write congratulatory or comfort notes to members.
- Publicity Create and distribute engaging Sisterhood materials.
- **Torah Fund** Encourage donations for Women's League for Conservative Judaism and organize the Torah Fund brunch.
- Parliamentarian Advise Sisterhood on parliamentary by-laws and procedures.
- High Holiday Fundraiser Coordinate this fundraiser with a committee.
- Programming Plan and publicize exciting programs for Sisterhood.
- College Liaison Prepare and mail goody packages to college students.
- Flower Fund Order Bimah flowers for specific holidays.
- Sisterhood Shabbat Organize the annual Sisterhood members Shabbat service.
- Book Club Organize the monthly Sisterhood book club meetings.
- Outreach Keep track of Sisterhood board meeting "good and welfare" donations.
- Judaica Gift Shop Help organize and support gift shop sales.

*It is a Mitzvah!* Join the Sisterhood Board to continue the tradition of supporting Sisterhood and MJCBY. All of our fundraising efforts, including the Judaica Gift Shop, support MJCBY.

For more information, please contact:

Dorothy Cohen 973-361-4338

dorothy irvingcohen@msn.com

## **Support Your Sisterhood... Support Your Shul**





### **BRING THEM HOME NOW!**

2 sided – IDF Israel Military Style Dog Tag Necklace to Stand with Israel & Show Support – Stainless Steel w/30" Ball Chain.

Get yours at the Sisterhood Judaica Shop for \$18 each. Profits will be donated to Israel.

Quantities are limited – Contact Sharon Barkauskas to reserve yours now!

## **MEN'S CLUB**

Mark Levine, President

#### THE MJCBY MEN'S BOOK CLUB

We meet at 7:30pm. If you are interested in joining us, please contact Howard Buxbaum at

howardbuxbaum@gmail.com.

May 1<sup>st</sup> – All the Sinners Bleed by SA Cosby

June 5th - TBD

## **GOOD & WELFARE**

#### **MAZEL TOV TO:**

Rabbi Adam Gillman on the birth of a nephew in Seattle

### **CONDOLENCES TO:**

Ed Pikus on the passing of his wife and our longtime member, Lisa Pollak

### **REFUAH SHLEMA TO:**

Meryl Balaban, Debbie Brody, Cookie & Morton Wertheimer, Joan Cohen, Steve Neibart, Sharon Kellman, Joyce Litchman, Jeff Czeisler, Sue Jacobowitz, Ron Saltzman, Rabbi David Nesson, Joel & Ginger Beecher, Linda Rosenbaum, Richard Rubenstein, Tom Schofield, Meredith Charak, Larry Levin, Rhea Attias, Jason Navarino

## **SOCIAL ACTION**

## Community Mitzvah Day was a success! See Upcoming Events in Article Below!

Lou Bodian & Howard Buxbaum, Social Action Chairs Loub48@Gmail.com - HowardBuxbaum@Gmail.com

On Sunday, April 7th, over 40 volunteers came out to help our neighbors in need, as we conducted our 3<sup>rd</sup> Annual successful Mitzvah Day. The activities started days before, as our Shalom Yeladim students colored the bags and prepared messages to go along with the Breakfast Bags. That effort was supplemented by students in our Religious School who continued that fine effort as they filtered in before the official start time of 11 AM.

Thanks go to our SY Director Becky and our RS Director Miriam as they impressed upon our students the importance of doing mitzvot.

We packed about 500 Breakfast Bags with cereal, shelf stable milk, granola bars and fruit cups. These were delivered to NourishNJ (formerly the Morristown Soup Kitchen) at their distribution site on Sussex Avenue, just up the block from the shul.

We also packed 50 bags of household goodies, including towels, laundry pods, shampoo and body soap, dental supplies, and other items needed for everyday survival.

But that's not all. Under the direction of Susan Neigher, we assembled 40 backpacks with school supplies for HeadStart Pre-K students. These are for kids enrolled in the Project Readiness program. In the past, we have partnered with Project Readiness to prepare backpacks for kids in all grades.

Lastly, we collected and delivered to several local non-profits assorted kitchen and personal items that had been requested. These include shampoo/body wash, hand soap, laundry pods, toilet tissue, paper towels, toothbrushes/toothpaste, new white t-shirts, new socks, bed sheets (new), bath towels (new), kitchen towels (new), full size foil pans, disposable forks & knives, new plastic grocery bags, 1 or 3 compartment to go containers, 6x6 clamshell to go containers, snack size sandwich size or quart size zipper bags, disposable cups with lids, 18 inch shrink wrap, napkins, 45-65 gallon trash bags, and ground coffee.

Many thanks to our Social Action Committee: Co-chair Howard Buxbaum, Rita Fand, Carol Leiwant, Rachel Richman, Susan Neigher, Sue Wallenstein, Nancy Berns, and Janet Applebaum. And of course, a hearty Thank You to all who came out and helped.

We have several upcoming events that we encourage all our congregants to participate in. On Thursday, May 30<sup>th</sup>, we will be preparing a dinner meal for residents of Homeless Solutions shelter on West Hanover Avenue. This is a group activity, where we will be bringing in the food, preparing it in a shiny new kitchen, and then serving the meal to the residents. If you are interested in joining us, please contact Howard Buxbaum HowardBuxbaum@Gmail.com.

Periodically, our Breakfast Bag coordinator, Rachel Richman, will be heading a small group to assemble 100 Breakfast Bags. Please contact Rachel to volunteer.

There are other opportunities to volunteer on your own – or with a friend. NourishNJ is always looking for people to help distribute meals at either its Sussex Avenue or Victory Gardens outlets Monday through Friday) – Call or e-mail Lou Bodian at <a href="LouB48@Gmail.com">LouB48@Gmail.com</a> for help with logging onto their website.

Another local food distribution center is at Table of Hope (Thursdays) located on Spring Street (near the new rotary) – contact Sue Wallenstein (<u>Susanjw3@Gmail.com</u>) for details.

NourishNJ will be having its annual Hunger Walk on June 2<sup>nd</sup>. We will send out an eblast with details for registration.

Coming This Fall – we will be working with Jewish Relief Agency of MetroWest to assemble boxes of fruits, vegetables, and other essentials to needy people in our community. Stay tuned for more details.

We are looking into a community initiative to provide \$20 Laundry cards to 20-25 needy neighbors, the first Thursday of each month. We'll let you know when we have more details.

## SAVE THE DATES – JUNE EVENTS



ONE NATION, ONE HEART

**MORE DETAILS TO FOLLOW** 







## **CONTRIBUTIONS (Mar 19th through Apr 18th)**

#### **Building Renovation Fund**

- Arnold & Betty Goldstein in memory of Raphael Rogers.
- Peter & Marilyn Loeb in memory of Laura Fensterheim.
- Victoria Mendoza in memory of Piedad Mendoza.

#### **Cantor's Discretionary Fund**

- Ira & Paula Antin
- Andrew & Rosanne Auslander as thanks to Cantor Shana for leading a seder for the residents at Brightview Warren Assisted Living.
- Josh & Marci Charm
- Edward Fleischman & Heidi Schleifer-Fleischman in memory of Renee Schleifer.
- Mark Furman & Michele Kriegman in memory of Mark's mother Ruth Furman.
- Lewis Hoch in memory of Ellis M. Hoch.

#### **Cantor's Shabbat Dinner Fund**

Jennifer Rose

#### **Chametz Fund**

- Joel & Lynne Goldman
- Ira & Beverly Hammer
- Joyce Lantzman
- Peter & Marilyn Loeb
- Jason & Erica Navarino
- Bill & Susan Neigher

Rabbi David Nesson

#### **Education Endowment Fund**

- Irwin & Beverly Berns in memory of Rose Messinger.
- Martin & Joyce London in memory of David London.
- Flo Sager in memory of Charles Cohen, Marsha Gimbelman, Carrie Sager, and Hank Sager.

### Frigand Minyonaires Israel Experience Fund

- Sydney Levit in memory of Harry Levit.
- Richard & Bonnie Weiss in memory of Louis Weiss.

#### **General Donation**

- Rabbi Amy & Bob Small
- Alan & Joyce Levenson in memory of Alan's father Joel Levenson.

#### **Maot Chittim Passover Fund**

- Howard & Ellen Baum
- Joel & Lynne Goldman
- Ira & Beverly Hammer
- Joyce Lantzman
- Jason & Erica Navarino
- Rabbi David Nesson

#### Mitzvah Day

- Mark Bender
- Louis Bodian & Helena Kloder
- Laurie Ebner-Lyon

- Marlene Fand in memory of Ted & Helen Fand.
- Steven & Sheila Gudis
  - Fred & Laurie Iskowitz
- Marcy Needle
- Rachel Richman & Steve Lipsky
- Ivy & Jay Rubin
- MJCBY Sisterhood
- Roy & Ellen Solondz
- Susan Wallenstein in memory of Joseph Wallenstein.
- Neil & Jennifer Weinstock

#### Rabbi's Discretionary Fund

- Martin & Joan Cohen in memory of Ruth B. Stern.
- Matt & Jeri-Ann Frankel in memory of Florence Frankel.
- Sue Grossbard
- Paul Kopp in honor of Hilary Spain Reilly as Sisterhood's Torah Fund Brunch Eishet Chayil honoree.

## Shalom Yeladim Nursery School Fund

- Allan & Sue Berger in memory of Sue's father, Benjamin Reinheimer.
- Steven & Sheryl Papish

#### **Social Action Fund**

- Howard & Ellen Baum
- Jack & Robin Benvent
- Kim Synalovski

#### **Yahrzeit Fund**

- Sue Grossbard in memory of Irving Grossbard.
- Jane Van Wiemokly in memory of Marvin Van Wiemokly & Eva Sains.

<u>FUNDS YOU CAN CONTRIBUTE TO</u>: Alex Csillag Memorial Fund, Building Renovation Fund, Cantor's Discretionary Fund, Cantor's Shabbat Dinner Fund, Chevra Kadisha, Education Endowment Fund, Frigand Minyonaires & Israel Experience Fund, Gemilut Hasadim (Caring Committee) Fund, General Donation, History Fund, Jewish Young Community (JYC), Kiddush Fund, Rabbi's Discretionary Fund, Shalom Yeladim Nursery School Fund, Social Action Fund, and Yahrzeit Fund.

## **MAY YAHRZEITS**

			To Be Rem	embered	Shabbat May 17 & 18	To Be Rem	embered	Shabbat May 31 & Jun 1
			5/18/2024		Eliahu Danielpour	6/1/2024		Birdie Stave
To Be Rem	embered :	Shabbat May 3 & 4			Jennie Halpern*			Alan Brickman
5/4/2024	26 Nissan	Morris Rosenberg	5/19/2024	11 lyyar	Carrie Sager			Shirley Barber
		Hyman Yohanan*			Daisy Glassman			Marcia Nimensky
5/5/2024	27 Nissan	Rubin Gurevitz*	5/20/2024	12 lyyar	Sylvia Cohen*			Albert Usher Schleifer
		David Frigand*			Henry Hirsch			Alice Kopp Donohue*
		Frieda Guggenheimer*			Mannie Kornreich*	6/2/2024	25 lyyar	Paul Weisser*
		Joseph Wallenstein			Laura Fensterheim			Ruvim Shegelman
		Daniel Gebel			Phyllis Evans*			Meyer Slotsky
		Marty Epstein			Marsha Gimbelman			Ralph Tilkin
5/6/2024	28 Nissan	Paul Levine*	5/21/2024	13 lyyar	Harold Small			Morton Moosen
		Joseph Gelber			Laura Newmark*			Monte Wallenstein*
		Sadie Dubin			Betty Kling*			Hattie K. Kaplan*
		Michael Goldstein			Louis Weiss	6/3/2024	26 Iyyar	Harris Schwartz*
5/7/2024	29 Nissan	Abraham Gordon*			Esther Milich		11	Sarah Drell*
		Ruth Goldman			Benjamin Epstein*			Molly Isbit
		Morris Barber			Janos Gabriel			Eugene Timins
5/8/2024	30 Nissan	Gertrude Segal			Rose Grossman*			Morris Freed
		Caryn Foster	5/22/2024	14 lyyar	Alexander Koplin			Robert Judkowitz
5/9/2024	1 lyyar	Max Cappel*			Benjamin Feldman	]		Elsie Sokol
		Celia Beer*			Rose Rogers*			Sidney Lipsky
		Simon Spivak			Celia Linka	6/4/2024	27 Ivvar	Eva Krauss*
		Frances Strelzoff			Ruth Straus	0/ 1/2021	27 19901	Simma Reingold*
		Deborah Lubitz			Gerard Lahn*			Joseph Feuerstein
5/10/2024	2 lyyar	Albert Finver*	5/23/2024	15 lyyar	Sima Notowicz	6/5/2024	28 Ivvar	Valerie Altschuler
		Rebecca Weinstein*			Joseph Notowicz	0/3/2024	20 Tyyai	Rose Meltsner
		Sarah Small*			Eva Sains			Abraham Nesson
		Lillian Steinberg			Abraham Grosman			Isaac Cooper
		Frances Canier			Joseph Attias*			Hildegard Joseph*
		Ruth Furman*	5/24/2024	16 lyyar	Rae Cohn			Rosa Sokolov
To Be Rem	embered :	Shabbat May 10 & 11			Joseph Shatken			Adele Greenberg
5/11/2024	3 lyyar	Frank Cohen*			Sophie Engel			Rabbi Gerald Chirnomas
		Marilyn Pomerance			Nathan Cohn	6/6/2024	20 hazar	Abe Revitz
		Ruth Sternberg			Maurice Fleischman	0/0/2024	23 Tyyai	David Ochs
5/12/2024	4 lyyar	Bessie Antin			Florence Koplin Koshak			Abe Pinker
		Morris Chimoff*			Rosalind Berman*			Edith Chinoy
		Jennie Rosenthal*	To Be Rem	embered	Shabbat May 24 & 25	6/7/2024	1 Siyan	Eric Sachs*
		Lenore Widmann	5/25/2024	17 lyyar	Ida Salny*	0/1/2024	1 Sivaii	Jack Sheffrin
		Goldie Feldman*			Pearl Greif			Esther Epstein
		Diane Chanin	5/26/2024	18 lyyar	Minnie Schwartz*			Charles Brunswick
5/13/2024	5 lyyar	Rachel Winer			Pauline Mintz*	*donatos n	lagua on V	
		Kermit Bricker			R. Alan Dickinson*	denotes p	naque on 1	ahrzeit wall
		Esther Levit	5/27/2024	19 lyyar	Deborah Segal*	1		
5/14/2024	6 lyyar	Gertie Hayworth*			Edith Halpern*	1		
		David Gold*			Irving Bellings	1		
		Lilly Pancis			Aaron Bernstein	1		
		Jordan Goldstein	5/28/2024	20 Iyyar	Max Barkan*	1		
5/15/2024	7 Iyyar	Rachel Leon*			Lawrence Sobol*	1		
		Isadore Rosenfarb			Harold Epstein	1		
		Emanuel Spitzer*	5/29/2024	21 lyyar	Margaret Lebowitz*	1		
		Loretta Levine			Elsie Terp	1		
		Bertha Haas	5/30/2024	22 Ivvar	Frank Bereznik	1		
5/16/2024	8 lyyar	Eva Roth*		,,	Irene Gevurtz*	1		
-		Mark Silverman			Bessie Linder*	1		
		Gussie Wildhorn			Mervin Green	1		
		Kurt Kosterlitz*			Alvin Turner*	1		
		Pearl Epstein			Bernice Glucoft	1		
5/17/2024	9 Ivvar	Robert Gordon*	5/31/2024	23 Iyyar	John Klein	1		
-,, 2027	,,,,,,,,,	Pauline Price*	5,51,2024	,,,,,,	Lillian Gold*	1		
		Ruth Goldman*			Marlene Feldman	1		
		Dorothy Salzman			Jessie Levine	1		
		- s. s, sareman	11		1	J		

## Weichert, Realtors



## Selling or Buying a Home?

Choose the Right Realtor...
The Rest is Easy!
Call me today for a FREE
Market Analysis of your home.



### **Sheryl Weine**

GRI, Green Designation Weichert President's Club (Top 1%) NJ Distinguished Sales Club Residential & Luxury Property Specialist

#### **RANDOLPH OFFICE**

284 Route 10, Randolph, NJ 07869 cell: 973-769-5580 | office: 973-328-7800 sherylweine@hotmail.com | www.sherylweine.com

## LARRY WEINSTEIN, M.D., F.A.C.S. DIPLOMATE AMERICAN BOARD OF PLASTIC SURGERY

CHESTER WOODS PROFESSIONAL PARK 385 ROUTE 24, SUITE 3K • CHESTER, NJ 07930 (908) 879-2222



www.docweinstein.com





600 Speedwell Avenue Morris Plains, NJ 07950 973-539-3300

Christine M. Dangler, Mgr.-.N.J. Lic. No. 4706 Kip M. Dangler, Dir.- N.J. Lic. No. 3992

> James E. Dangler 1948 – 2005



## Eric S. Solotoff, Esq.

Attorney at Law

Certified by the Supreme Court of New Jersey as a Matrimonial Law Attorney

Fellow – American Academy of Matrimonial Lawyers (AAML)

Co-Chair of the Family Law Department

49 Market Street 973-994-7501 Morristown, NJ 07960 973-992-9125 (fax)

esolotoff@foxrothschild.com blog: njfamilylaw.foxrothschild.com

www.foxrothschild.com



#### **BETH ISRAEL CEMETERY**

19 Ridgedale Ave, Cedar Knolls, NJ

www.bethisraelcemetery.com

PLOTS AVAILABLE FOR CONGREGATION MEMBERS

Contact us at: info@bethisraelcemetery.com

or contact Mr. Ronald J. Axelrod President of the Board of Trustees PHONE: (973) 538-4606 FAX: (908) 879-4606 EMAIL: <u>ria4606@yahoo.com</u>

Opportunities to help with Veteran Flag Placement for Memorial Day, the Jewish High Holy Days, and Veterans Day

### Come join us May 19<sup>th</sup> at noon for Memorial Day Veteran Flag Placement!

Please note that our cemetery does not have any facilities (including public restrooms). Dogs (except guide dogs) are not allowed within the cemetery.

## **Endocrine Consultants of Morris County**

10 James Street
Suite 140
Florham Park, NJ 07932
www.ecmcendo.com
973.665.8100





Sheera Siegel, MD, FACE, ECNU — Anna Kissin, MD, FACE, ECNU

