

SEPTEMBER 2020

**ELUL 5780-TISHREI 5781** 

VOLUME 116 NUMBER 1

# Happy Rosh Hashanah

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ln	<b>S1</b>	d	e

From the Rabbi	3	
From the Cantor	4	
Presidents Message	5	
High Holy Day Info	6	
Life Long Learning	9	

Shalom Yeladim	12
Sisterhood	14
<b>Religious School</b>	16
Contributions	18
Men's Club	19
Yahrzeits	21

Synagogue News



# **MJCBY Clergy and Staff**

### **CLERGY**

Rabbi David J. Nesson Cantor Shana Onigman

### **STAFF**

Pamela Posnock, Synagogue Administrator
Allisyn Derian, Office Administrator
Michael Roberts, Bookkeeper
Miriam Krinsky, Religious School Director
Program Director/Youth Advisor
Flo Sager, Religious School Administrator
Michelle Nulman, SY Director
Damon Brown, Custodian

### **EXECUTIVE COMMITTEE**

Kathy Neibart, Rebecca Wanatick
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Amy Weinstock, 1st Vice President

Phyllis Kopp, 2nd Vice President

Deborah Marcus, Financial Secretary

Phyllis Kopp, Board Secretary

Jason Navarino, Treasurer

Jeremy Diringer, Immediate Past President

Mark Bender, Advisor

Robert Berns, Advisor

Ira Hammer, Advisor

Fern Spitzer, Advisor

# ARMS OF THE SYNAGOGUE & COMMITTEE CHAIRS

Marci Charm, Board of Education
Mark Bender, Facilities/Security/
Technology
Elisa Udaskin, Gemilut Hasadim
Lewis Stone, History Committee
Keith Usiskin & Douglas Landsman,
Kol Nidre Appeal
Gerry Gross, Legacy Chair
Lauren Najarian, Membership
Howard Baum & Paul Green, Ritual
Louis Bodian, Social Action

### **MEN'S CLUB**

Doug Goldstein (973) 895-3082

### **SISTERHOOD**

Donna Gross (973) 895-5553 Dorothy Cohen (973) 361-4338

### **JUDAICA GIFT SHOP**

Sharon Barkauskas (973) 285-1877 Donna Gross (973) 895-5553 Dorothy Cohen (973) 361-4338 Vivian Laska (973) 984-8178

### KIDDUSH COMMITTEE

Michelle Usiskin (973) 543-5795 Kathy Neibart (973) 292-1933

### **SISTERHOOD TORAH FUND**

Linda Rosenbaum (973) 895-2390

### **NEWSLETTER**

Donna Gross, *Editor & Designer*Deborah Brody, Fran Loewensteiner,
Marsha Lewin, *Copy Editors* 

# From the Desk of the Rabbi



"There are more blessings hidden in adversity then are outwardly revealed"

The Zohar

blessing.

'May the year with all it's curses now end, and may the year with all it's blessings now begin!'

Some of you may know this blessing. It is tradition to recite this blessing before we light candles on the first night of Rosh Hashanah.

It is a tradition that goes back a long way. It began in the 400's BCE, when Ezra the scribe insisted on a long ceremony when all the curses in the Torah be read aloud to the people just before the new year, followed by the blessings. Seven hundred years later, Abaya simplified it into the blessing above.

The message is clear. There is no year without its challenges, without its curses, and there is no year that does not dawn without the optimism of a new beginning.

We all knew that Rosh Hashanah and Yom Kippur, Sukkot and Simchat Torah would be different this year. We have known it, of course, for months because everything else for months has been different, adjusted to the needs of the moment.

We know why. Since March, our community, our country, our world, has been pursued by a relentless illness. The curse of this year. And we know that a new year will now begin, and we approach with the optimistic prayer, hope and knowledge that renewal and blessings are just around the corner.

The message of Rosh Hashanah does not change. To begin again. Judaism, writ large, is about resilience. Every moment of our history is filled with it.

We have repeatedly breathed new life into our traditions. That is what we have been doing for the past months, when we have creatively met the challenges of continuing to be a community. Even though we have been physically distant, we have continued to be together in as many ways as we can.

The holidays will no different. There will be many moments we may miss, but there will be many new traditions we are creating to bring blessing into our lives as individuals and as a community. Take a look at the way we will hold various services.

Take a look at all the new and different programs found throughout this newsletter and in the High Holy Day mailing you have received to see how resilient we are.

We have had to re-vision our New Year celebrations while staying fast to all the things that we love so dearly about this time of year.

That is why I love the amazing insight found in the Zohar, the book of Jewish Mysticism,

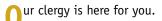
# "There are more blessings hidden in adversity then are outwardly revealed"

Together we are finding ways to be traditional and creative.

Together we are finding ways to be resilient – together.

May all the curses of the past year, of the past few months, vanish soon, so that the we may soon embrace one another and so that we may together be embraced by the blessings of a sweet new year.

# MORRISTOWN JEWISH CENTER BEIT YISRAEL IS YOUR COMMUNITY.





Please let us know when you need us—if someone is ill or in the hospital—or when you want to share your good news: a new baby, a marriage, or other simcha. We want to know, but you have to tell us. Please call the office at (973) 538-9292 or email office@mjcby.org.

Special note: Let us know if you or a family member would like a visit from the Rabbi due to illness. HIPPA privacy laws prevent us from receiving this information.

Our Gemilut Hasadim committee is able to provide support for those that need it. Contact Elisa Udaskin at eudaskin@qmail.com

When you have experienced the death of a loved one, please contact Rabbi Nesson at (973) 538-9292 or (973) 285-9772 before you make any plans. In this way, he will be most helpful in making these preparations in a proper Jewish manner.

# **Notes from the Cantor**



Praying "Virtually"

There is no question that it has been a very strange six months and that everyone has overused the word "unprecedented" in describing our global situation.

In the much broader view of our long Jewish history, we know that our people are no strangers to the concept of pandemics. There were other words to describe contagious illnesses that spun out of control and left communities devastated, most notably, "plague." There are examples of plagues found throughout the Bible and Talmud, and references to them well into the Middle Ages. We have a tendency to think that with our access to modern sanitation, hygiene, and medicine, that pandemics are a thing of the past, which is why Covid 19 took the entire world by surprise.

One thing that has made this pandemic so different from those in history is the existence of modern technology tools to allow communication with each other; thereby, retaining connections that would have been lost, or placed on hiatus for an indeterminate amount of time. Gathering in this "virtual" manner to create a minyan for prayer is not something I ever imagined doing, though in hindsight, it's an obvious progression since the invention of video group meetings, on all their various platforms. These platforms had been quite popular but, I have to admit that before mid-March of 2020, I had never had a use for them. When I learned on Thursday, March 12, that MJCBY's building would be closing immediately, along with schools, churches, and other public buildings in order to "flatten the curve," I had 24 hours to to set up a Zoom account and figure out how to lead a group of people in prayer when we weren't all in the same room.

The first weeks of Zoom services were terrifying and strange. I was worried that I might do something wrong, fail to engage our congregants, lose the connection, or get "Zoom-bombed." It was also fun and a little exciting to see so many faces --some from other states, or even visiting from other countries. Seeing people's homes, families and sometimes their pets in the background was fun as well. The most important and poignant advantage to these virtual prayer gatherings was the ability for those who have difficulty leaving their homes, even in normal circumstances, to participate in our prayers, as well as creating

and participating in virtual shiva gatherings after a death with loved ones from all over the country who wouldn't be able to be present otherwise.

When praying with a group, I always appreciated the sound of voices around me. I draw energy from the presence and participation of others in the room. The more people singing, the better the entire experience of prayer feels. The hardest realization of virtual prayer model was the microseconds of delay: the time for the sound of our voices to bounce off the satellites and back to our computers (or however the internet works; it's still all a mystery to me). It's impossible to truly recreate that sound and feeling of singing together, although we can see each others' faces.

While being unable to sing together and create unique and wonderful sounds of all our voices lifted together in song there is a disadvantage and a loss. I found that showing the words we are saying on a screen in real time -- in large Hebrew print, with translation and transliteration -- can be a great tool for heightening our connection to the text. Let's face it, our prayer books have tiny print, they're dense and complicated, and those with excellent Hebrew reading skills have moments of getting lost or confused. Trying to keep track of page numbers -- and where we are on the page -- can be a challenge, and finding your place if you've been distracted for a moment sometimes feels impossible. Having everything on the screen during virtual prayer makes the content of our prayers more accessible by taking down those barriers of finding your way through the prayer book.

One unique aspect of our virtual Shabbat, of which I am proud, is everyone can see the text of the Torah as it is being read, not just those up on the bimah. During services when our Torah is read, you can read along with up-close photographs of the handwritten text of our actual Torah scroll, a sight reserved for the Torah reader and those few who have an aliyah each week. Without an actual scroll in front of us, I encourage Torah readers to learn from the page with vowels and trope, lowering the difficulty and pressure of chanting the text of the Torah. As a result, the number of Torah readers each week has reached record highs this spring and summer. It's wonderful to hear so many different voices chanting our ancient text, truly taking ownership of the Torah in the clearest example of Moses' instruction to us, "lo ba-shamayim hee," -- the Torah is not in the heavens, not far from us, but close within our grasp.

# **Presidents Message**





KATHY NEIBART

**REBECCA WANATICK** 

e hope that this finds you all healthy, safe and enjoying the final days of summer. This has certainly been an interesting few months for all of us, finding ourselves in a new and unfamiliar environment in many ways, due to the current health crisis. We hope that while many things around us seem unfamiliar, you find that MJCBY remains here for you and your family. While the nature of how we do things has changed a bit, we still feel the embrace of our MJCBY community.

As we begin to enter this High Holy Day season, MJCBY continues to reach out and connect with each of you. You should have recently received your High Holy Day registration materials, offering members of our community many ways to be engaged with one another, religiously, spiritually and socially. Please use the registration links to let us know how you'd like to be involved. If you have any questions along the way, please reach out to us or the office for assistance. This is a new process and we recognize that it may bring some questions.

We are excited to begin to utilize our physical building space again and are so appreciative of the time that you took to respond to our survey. The survey results were reviewed by the Reopening Taskforce and the Board of Directors. The feedback from our community has helped us to guide our plans for reopening the building to our community for High Holy Days this fall. We wanted to share a few of the items that impacted our decisions.

We have invested in upgrading our WiFi to accommodate live streaming of services from our MJCBY building because:

53% of respondents have no interest in attending High Holy Day Services in person.

61% of respondents prefer that High Holy Day Services be from MJCBY.

We are able to accommodate a small group of people in person in our sanctuary this year, and have asked for flexibility to attend a limited number of services to accommodate others if our numbers rise above our limited capacity because:

11% of respondents definitely would be interested in attending in person.

84% of this group would be flexible in their attendance if we have more members interested than we have space.

We are offering a variety of High Holy Day service options this year, from in person and live streaming of a longer service in the sanctuary to a shorter live streamed service from the Cantor's home because:

73% of respondents prefer shorter High Holy Day Services (2- 2 1/2 hrs)

24% of respondents prefer a more typical length service (3-4 hrs)

We are also excited to have our children heading back to school at both Shalom Yeladim - The Judie Gerstein Early Learning Center and our Religious School. We welcome Miriam Krinsky as she extends her role at MJCBY as our new Director of Education for the Religious School. Opportunities for learning also continue with our Lifelong Learning programs. More information about all of upcoming events and opportunities to come together as a community will be delivered to your homes shortly, along with gifts from our Sisterhood and MJCBY.

Thank you to our task force reopening committee: Cantor Shana, Debbie Goldstein, Ira Hammer, Shelley Lanzkowsky, Mark Levine, Rabbi Nesson, Pam Posnock, Fern Spitzer, Julie Stone, Keith Usiskin, and Amy Weinstock.

Looking forward to seeing you all soon!

continued from page 4

I invite you to join us virtually, especially if you haven't yet, especially on Rosh Hashanah and Yom Kippur. My goal is to make our virtual High Holy Day services as participatory as possible, including many different voices leading our prayers, reflecting on the particular challenges, losses, and growth of the past year, and our hopes for recovery, strength, healing, and rebuilding in the coming year of 5781.

Tovah Tikateivu -- may we all be written for a good and sweet year. Cantor Shana Onigman

# **High Holy Days and Services**









# Havdallah and Selichot Service A night of Jewish Study

Saturday, September 12th 8 pm

The Selichot Service begins the High Holiday season with prayers asking for forgiveness and repentance. Followed by the opportunity for Jewish study from coast to coast with the Conservative Movement featuring learning sessions, musical moments, and reflection.

Details will be announced as the holidays get closer.

# **High Holy Days and Services**

Time	Service
	Friday 9/18/2020 Erev Rosh Hashanah
In Person at Freedom Park in Randolph – availability is limited	
6:00pm	Zoom from Freedom Park with Cantor
0.000	In Person at MJCBY - seating is limited
8:00pm	Stream from MJCBY
	Saturday 9/19/2020 Rosh Hashanah Day 1
0-00	Stream from MJCBY (Pseukay/Shacharit/Torah Service by lay leader)
9:00am	Zoom - Shorter Service from Cantor's Home
10:15am	MJCBY In Person Service from 10:15am-conclusion (limited capacity)
10:129m	Stream from MJCBY (Torah Service Begins)
2:00 pm	Zoom - Family Service from Cantor's Home
11:00am- conclusion	Stream from MJCBY (Includes Rabbi Sermon)
	Sunday 9/20/2020 Rosh Hashanah Day 2
0.000	Stream from MJCBY (Pseukay/Shacharit/Torah Service by lay leader)
9:00am	Zoom - Shorter Service from Cantor's Home
	Stream from MJCBY (Torah Service Begins)
10:15am	Zoom - Shorter Service from Cantor's Home
	MJCBY In Person Service from 10:15am-conclusion (limited capacity)
11:00am- conclusion	Stream (Includes Rabbi Sermon and Shofar Blowing)
2:00pm	Sound the Shofar Wherever You Are
4:45pm	Tashlich at Speedwell Lake
	Sunday 9/27/2020 Kol Nidre
6.00	MJCBY In Person Service
6:00pm	Stream from MJCBY
	Monday 9/28/2020 Yom Kippur
0.00	Stream from MJCBY (Pseukay/Shacharit/Torah Service by lay leader)
9:00am	Zoom - Shorter Service from Cantor's Home
	MJCBY In Person Service from 10:15am-conclusion (limited capacity)
10:15am	Stream from MJCBY (Torah Service Begins)
	Zoom - Shorter Service from Cantor's Home
11:00am – Conclusion	Stream from MJCBY (Includes Rabbi Sermon, followed by yizkor)
2:00pm	Zoom - Family Service with Cantor
4 - 7:25pm	Mincha, Neilah, Ma'ariv & Havdallah (Stream from MJCBY)

This year's High Holy Day services will be a combination of Live Stream/Zoom and in person services with choices for a traditional/full service or a shortened service which will include highlights of the service.

Please refer to your high holiday mailing for details.

This chart is your quick guide.



Zoom link and supplies pick-up

# Place your order....

MORRISTOWN JEWISH CENTER

# **HONEY SALE**

Do you want to purchase some honey for your family?
Contact Michele Sager
beemyhoneyapiary@gmail.com
with the subject "Rosh Hashanah"
by September 3rd

Honey will be sold in 1lb glass jars for \$11.00 each. \$1.00 will be donated to the Synagogue for every jar of honey purchased. Please make checks payable to MJCBY. Pick up will be at MJCBY on Thursday, 9/17 10am-12noon

contact office@mjcby.org



# **Life Long Learning**



With the High Holiday Season upon us, we have many fun and meaningful opportunities for all ages to connect safely in person or via zoom. From a fun Shofar craft workshop on zoom, to a grand Rosh Hashanah round Challah bake for all ages, to individualized High Holiday boxes

filled with treats, crafts, games and more that we have prepared for each family, we've got you covered!

Family Services in the park and on zoom, a safely distanced communal Tashlich with activities for our youngest friends, Simchat Torah activities via zoom, and so much more. We will keep us all connected safely and celebrating the wonderful Holiday season in new and imaginative ways!

Come join us!

Miriam

# HIGH HOLY DAY PRAYER BOOK-MACHZOR LEV SHALEM



This holiday season, whether you are zooming or attending in person, owning your own Mazhor makes sense.

If zooming, you'll neeed a book to follow along at home.

If attending in person, your own book is necessary.

\$36 per book. Contact the MJCBY Office, 973-538-9292, to purchase your copy.

# **Life Long Learning**



Morristown Jewish Center Presents

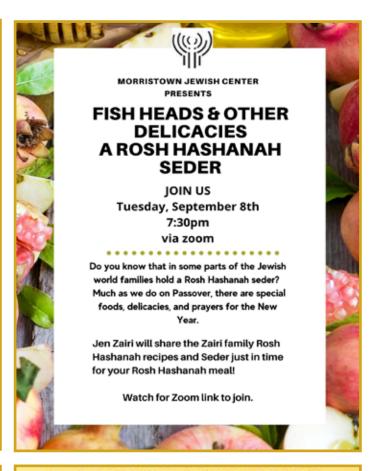
LETS "BEE" HAPPY ITS ROSH HASHANAH PROGRAM

Every year on Rosh Hashanah we wish one another a sweet new year, as we dip our apple in the honey.

Meet Michele Sager, who raises Bees and harvests the honey. In this narrated slide show we will watch as Michele demonstrates how to get that sweet honey from the bees and turn it into honey we can all enjoy.

Watch for a Video link and watch at your leisure.

contact office@mjcby.org for more information



# MJCBY Family Shofar Craft Night



Thursday, September 17th 6pm Zoom

Pick up your High Holiday craft supply box from MJCBY on 9/17 between 10am - 12noon.

Join us at 6pm via Zoom as we build a Shofar!

You can then use your kid friendly Shofar at services!

RSVP to miriam@mjcby.org

### MORRISTOWN JEWISH CENTER

# **FAMILY CHALLAH BAKE**

September 15th - 5pm

Please join us for a sweet round Challah Bake!
Bonus: Learn how to make Challah napkin rings for
your Rosh Hashanah table!
Fun for all ages!



Email miriam@mjcby.org for Zoom info and ingredients

# **MJCBY** News



I'm sure that those of you who have volunteered at the Soup Kitchen (now Nourish.NJ) have, like me, missed the opportunity to serve. While we haven't been there, it

doesn't mean that the Soup Kitchen hasn't been serving the needs of community residents. One of the distinguishing facts about the Soup Kitchen is that they haven't missed a single day of providing meals and other outreach in over 25 years – through hurricanes, blizzards, electrical outages, and now a pandemic.

Because of the concern about maintaining the health of Soup Kitchen guests (who because of several factors, are more susceptible to the virus), leadership had decided to use only staff members to do what is needed. While they greatly appreciate the efforts of the hundreds of volunteers, they felt it best to limit the exposure, both for the volunteers' and the guests' safety.

All of the activities that went on before the pandemic are still continuing. Meals are being served every day, counseling services are ongoing, and the Marketplace where those with families and the ability to prepare their own meals is going strong.

Since the COVID-19 crisis began in March, nourish.NJ has served more than 7,445 meals, distributed 5,740 bags of groceries and delivered meals and supplies to those in need.

Additionally, new initiatives have begun. The Board recently approved the purchase of a building in Boonton that will serve as a centralized food preparation facility. This will enable Nourish.NJ to serve needy people in the greater Morris County area, beyond Morristown.

For more details, please visit the website at nourishnj.org

The Soup Kitchen captains and I look forward to the resumption of "normal" operations and your participation as volunteers. In the meantime, please stay safe.

If you have ideas about how MJCBY can expand our social action footprint, please let me know at LouB48@Gmail.com

Lou Bodian

Social Action Chair

# WHAT IS GEMILUT HASADIM?

The Gemilut Hasadim Committee is here to help support you and your family. We provide assistance to our MJCBY families who are experiencing illness, recovering from surgery or need help at a difficult time. We provide meals to help comfort them and lessen one burden of needing to cook during these times.

We are looking for volunteers to make an occasional meal for a MJCBY member who is in need.



If you are interested in helping others or in need, contact the MJCBY office or the Elisa Udaskin at eudaskin@gmail.com. We will discuss your needs and provide meals for you

**ELISA UDASKIN** and your family.

Dear MJCBY Families,



Rabbi Nesson continues to recuperate at home. He is very appreciative of all the support and good wishes, cards, letters, phone calls, email, and all the wonderful dinners that families have provided.

If you would like to provide a kosher meal, please copy and paste the link below to sign up.

We wish the Rabbi a good recovery, and a refuah shlema.

https://caringorganizer.com/contribute\_detail/11343



# **Good & Welfare**

# Condolences to:

Roberta Schneider on the loss of her father, Joseph Auslander. Nancy Medford on the loss of her father, Joseph Dobkins. Ezra Kazam on loss of his brother, Elias.

The Richards family on the loss of our long time member Judith Richards.

### Mazel Tov to:

Mazal Tov to Max Weiss on the celebration of his 100th birthday. Mazal Tov Milt and Eve Goldband on the celebration of their 70th wedding anniversary.

### Refuah Schlema to:

Steven Abend, Irwin Berns, Ray Chimoff, Jeff Czeisler, Jacob Green, Ellis Hoch, Fred Iskowitz Sue Jacobowitz, Nancy Medford, Sonya Oppenheimer, Barbara Saltzman, Andrew Schwartz,, Barbara Stein, Eli Diringer, Eileen Goldman, Jeff Pancis, Tamara Goldberg, Steve Resnick, Rabbi David Nesson and Dennis Friqand.

### COMPLIMENTARY CALENDARS AVAILABLE

Contact the office to pickup up your calendar. We thank Bernheim Apter and Dangler Funeral homes for donating them for our MJCBY members.



# Legacy



# **MJCBY's Legacy Society**

"Grant that the memories of those who have gone be a source of strength for everyone of the House of Israel"

A Kavvanah for Kaddish: Mahzor Lev Shalem

Legacy is about our past, our present and indeed our future.
As we approach the Days of Awe during our High
Holy Days we are both saddened by the losses we at
MJCBY, the country and the world have faced
but are ever hopeful for the warming
rays of sunshine that lie ahead.

You all are MJCBY. With your participation in services and events, with you reaching out to help those in need and your ongoing financial support, you are the lifeblood of generations of Jewish life in greater Morristown.

By becoming a member of our Legacy Society and including MJCBY in your future plans you help to ensure the continuity of our heritage.

L'Dor v'Dor – Generation to Generation

Join our Legacy Society and Build our Future

Contact any member of the Legacy Committee for a conversation and we can show you the various ways you can give now or leave a Legacy Leave a Jewish Legacy! The Future is Now!

Shana Tova – May you have a Happy and Sweet New Year!

The Legacy Committee

Gerry Gross – Chair Rabbi David Nesson \* Irving Cohen Karen Gooen \* Marcy Needle

# The Judie Gerstein Early Learning Center

# IT'S SHALOM YELADIM CHALLAH TIME!



The challah we offer is fresh baked (and really delicious!). It will be delivered every week SY is in session (28 weeks during the 2020-2021 school year - minus a few holidays).

The challah is made locally in a nut free facility, is certified kosher and is much tastier than what is available in local grocery stores. It freezes really well and makes awesome french toast.

We have two options for delivery beginning on October 14, 2020, through June 2, 2021 ( see Michelle for more info)

<u>WEEKLY</u> - \$168 for the year (delivered Wednesday) or <u>MONTHLY</u>- \$54 for the year (delivered first Wednesday of each month)

There are four varieties:

Water (egg-free), Egg, Whole Wheat and Egg Challah Rolls.

Please be sure to complete the form below in full. Payment must be received at the time of order. Checks should be made payable to SHALOM YELADIM. Please return your completed form and payment by September 29th and send it to SY or the synagogue office in an envelope labeled: CHALLAH ORDER

Please email shalomyeladim@mjcby.org if you have any questions.

# 2020-21 Shalom Yeladim Challah Order Form

Family Name: \_\_\_ Contact Phone: \_ Contact Email:

### PLEASE MAKE CHECKS PAYABLE TO "SHALOM YELADIM."

Type of Challah	Would you like it pre-sliced? Yes or No	Quantity	Total Cost Weekly: \$168 Monthly: \$54
Water Challah (egg free)			
Egg Challah			
Whole Wheat			
Challah Rolls			
Total			

# HIGH HOLY DAY CHALLAH ORDER FORM!



Order your fresh round challah for the High Holidays today!

The challah is made locally in a nut free facility - certified kosher

There are four varieties:

Water (egg-free), Egg, Whole Wheat and Raisins.

Forms and checks must be submitted by Monday, September 7 for ALL holiday orders. Please include payment with your order form (checks should be made out to Shalom Yeladim) and mailed to MJCBY office,

Attn: Shalom Yeladim.

Please email shalomyeladim@mjcby.org if you have any questions or need other pickup arrangements

### 2020 High Holiday Challah Order Form

PLEASE MAKE CHECKS PAYABLE TO "SHALOM YELADIM."

Rosh Hashana - This order will be delivered on September 17th

Type of challah	Quantity	Cost \$6.00 each
Water Challah (egg free)		
Egg Challah		
Whole Wheat		
Raisins		
Total		

Yom Kippur - This order will be delivered on September 25th

Type of challah	Quantity	Cost \$6.00 each
Water Challah (egg free)		
Egg Challah		
Whole Wheat		
Raisins		
Total		

Total Payment Due

If I cannot pick up my challah please: (circle one) DONATE TO PRESCHOOL FREEZE

# The Judie Gerstein Early Learning Center

It is hard to believe it is September already. I am looking forward to a wonderful year at Shalom Yeladim.

Our teachers have been preparing this summer for a year full of learning and fun. We will have a lot of hands on activities and lessons outdoors and together with our families we will make this year a very special one.

Registration is still open. We have some spots available for children ages 18 months - 5 years old.

Please join us (on zoom or in person) for all the different programs we offer for you and your children. Spread the word and come be a part of this wonderful place. Rosh Hashana is around the corner and we have different family services and activities for your families to enjoy.

Feel free to call or email. I would love to hear from you.

Have a happy, sweet and healthy New Year!

Michelle Nulman michelle@mjcby.org (973)538-8284

# **SEPTEMBER**

9/1-2	BRIDGES	7:30 am - 6:00 pm
9/3	FIRST DAY OF SCHOOL	
9/7	LABOR DAY	NO SCHOOL
9/18	ROSH HASHANAH	NO SCHOOL
9/28	YOM KIPPUR	NO SCHOOL





# BRING A FRIEND



To Shalom Yeladim The Judie Gerstein Early Learning Center

and save \$100 off of your tuition for the 2020 - 21 school year.

# Sisterhood News

### IS YOUR PRIDE AND JOY OFF TO COLLEGE?



OR WILL THEY BE ZOOMING THEIR COURSES??



ALLOW SISTERHOOD TO SEND GOODIE PACKAGES TO YOUR CHILD\* WHEN THEY ARE AWAY OR AT HOME DURING THE YEAR! (undergraduate only)

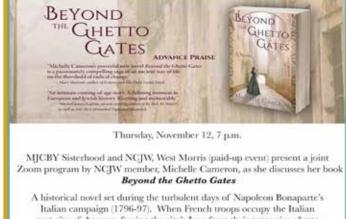
Another good reason to support Sisterhood!

\* must be your child - no nieces, nephews or grandchildren.

Send your information to Hilary Spain-Reilly, hiscosa@yahoo.com

Childs Name: \_\_ School Name:

City, St. Zip:



port city of Ancona, freeing the city's Jews from their repressive ghetto, two very different cultures collide.

Please RSVP to Paula Czeisler at paula.czeisler@gmail.com for Zoom link

To order your book in advance: Send a \$15.00 check, made payable to NCJW, West Morris Section C/O Dorothy Cohen 19 Copeland Road Denville, NJ 07834

Contact Dorothy: 973-361-4338 or dorothy\_irvingcohen@msn.com for pickup or delivery information. Donna Gross and Dorothy Cohen, Co-Presidents MJCBY Sisterhood



Anne Gorman, Susan Neigher Diana Grayson Co-Presidents NCJW





A campaign to ensure our legacy to future generations of Conservative Jews by providing:

### Rabble

Researchers

Cantors Educators and Administrators Synagogue Administrators Social Workers Scholars Professional and Lay Leaders

# You are Torah Fund at any level:

Keter Kavod	\$5,000
Scholarship Patron	\$2,500
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Guardian	\$ 300
Benefactor	\$ 180

Your Torah Fund contribution strengthens and perpetuates Conservative/Masorti Judaism throughout the world.



OUR GIFT TO YOU

# Torah Fund pin for 2020-2021: B'Yachad. Together

Torah Fund pin for 2020–2021. B Yachad, Together
The Tursh Fund thems for 2020–2021 of Yachad which means Together. Warring
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For more information or to order your 20/21 pin Contact Linda Rosenbaum 973-895-2390 bir1836@aol.com

# \$36.00 DUES - 2020-2021

Sisterhood is comprised women of all ages who support each other and the synagogue, women who work together for the benefit of our MJCBY community and so much more.....

Note:	New	members	to	MJCBA	receive	complimentary	first	year
Sister	hood	membershi	p.					

This year we plan to offer a "How to" series, which will give you an introduction to varies activities. This will be contingent on the responses received.

I am interested in "How to..."

Play Mah Jongg	_Play Canasta	Quilt	Needle Point
Make Hamantascher	ıLearn to Kn	it Bead	Calligraphy

Please accept my \$36.00 Sisterhood dues for the year 2020/2021.

Name:_	
Email:	

Checks payable to MJCBY Sisterhood and mail to:

MJCBY Sisterhood \* 177 Speedwell Ave. \* Morristown \* NJ\* 07960

# Sisterhood News



# FIGHTING THE COVID BLUES!

any of you may not know that 20 years ago I was diagnosed with Multiple Sclerosis. It was a shock at first, but also a relief. It could have been worse. I had a decision to make: either crawl into a little ball

and wither away or deal with it. I choose to deal with it by being careful-very careful. For example: At services, over the years, you may have noticed that I NEVER shook hands with the Rabbi as the Torah was carried throughout the sanctuary. I am immune compromised and getting sick is not a good idea. I was careful. I have not been touching hands or my face and I sanitized everything for a very long time.

Along came COVID and now I had to be VERY careful.

I choose to deal with COVID and not turn into a little ball. I cannot let COVID rule my life, just as I did not let MS rule me. I am careful-very careful-and that is all anyone can do. I was ecstatic when we were allowed to have services in the parking lot last month. Mask in hand, Gerry and I sat in the chairs we brought with us. The wonderful thing about this was seeing other people. We did not hug, kiss or come within 6 feet of each other, but it was GLORIOUS. We ALL need human contact. We are social beings.

My family is important to me, as, I'm sure, it is to most. I cannot let COVID stop me from helping my children or grandchildren. Towards the end of June, I went to Florida. My grandson needed me. I went to the airport, got on a plane and stayed a week. I was careful-very careful. In October, I will go to Austin, Texas for 3 weeks. A new grandchild is on the way and my children need me. I plan to be careful-very careful.

Judaism, MJCBY and Sisterhood are important to me. I cannot let COVID stop me from volunteering and staying connected to MJCBY or Sisterhood. This is my second time as Sisterhood president. I am part of the Chevre Kadisha, help run the gift shop, put together the MJCBY newsletter and much more. Not being part of the community is NOT an option. I will do what I can.

You can only do what is comfortable. You can still support our MJCBY and Sisterhood community. Becoming a member of Sisterhood, shop in the Gift shop (with masks) or attend a ZOOM program. Any participation keeps you connected and helps to maintain our MJCBY home and Sisterhood family.

I hope you all stay well and try not to give in to the COVID Blues.

Please, be careful-very careful.

Donna Gross - Co-president along with Dorothy Cohen

We wish to thank the following remarkable ladies for becoming a Sisterhood member & supporting us for the 2020/21 year Their dedication to Sisterhood & MJCBY will ensure the vitality of this institution for the years to come.

### Thank you! Thank you! Thank you!

Janet Applebaum Lee Bashe Ellen Baum **Beverly Berns** Nina Blank **Amy Brunswick** Ellen Charm Marci Charm Ellie Chimoff Dorothy Cohen Joan Cohen Mimi Czeisler Paula Czeisler Ilene Dorf Manahan Deborah Feuerstein Joane Fox

Kim Kramer Ganz **Amy Gardberg** Peppi Glass Nancy Goldband Lynne Goldman Debbie Goldstein Karen Gooen Rita Gotfried Alyssa Greenberg Donna Gross Sheila Gudis Josephine Guss **Beverly Hammer** Vicki Hart Michelle Herman

Kim Hirsh

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Lori Hirsch/Resnick Marjorie Josephs Kirsten Kane Ruth Kantrowitz Helena Kloder Babette Kornbleuth Linda Prentiss Linda Kornreich Ronnie Krauser Karen Landsman Joyce Lantzman Barbara Levy Ellen Levy Marsha Lewin Anita Lieb Julie Lupatkin Nancy Medford

Kathy Neibart Susan Neigher Michelle Nulman Shana Onigman Irene Preiser Gina Rayfield Celeste Reingold **Ann Rhines** Carol Rogoff Linda Rosenbaum Lynne Rosenfeld Ivy Rubin Debbie Rudich Flo Rudich Flo Sager

Karen Sagor Susan Salsberg Kay Salzman Raquel Schaffer Beth Schreiber Sharon Schwartz Rhonda Simoff Naomi Stein Julie Stone Kim Synalovsky Michelle Usiskin Sheryl Weine Jennifer Weinstock Carol Werthheimer Ilene Wolff as of 8/21/20



There is plenty of time to send your Sisterhood membership and join these amazing women.

# **Religious School News**

Dear MJCBY Families.

our Religious School will continue with a meaningful and innovative program that ensures the safety and health of our students and teachers.

We anticipate Religious School classes to be held both in the building and remotely. These plans are based on the current state, local, and CDC guidelines. As of now, we will be providing in-person instruction on Sundays for kindergarten through seventh grades. On Wednesdays, third through fifth grade will have an option to elect either in-person or virtual learning, and sixth and seventh grades will have in-person instruction to better prepare for their b'nai mitzvot. Of course, if you need to consider alternatives to in-person instruction, we welcome that feedback and will work with you to create an optimal learning experience.

We promise to create the safest and most effective learning environment for your children. Some re-opening details include:

- health screening of child to be completed by parents before entry into building
- all persons' temperatures will be scanned upon entering the building
- teachers and students will be required to wear masks
- no other Synogogue programming during religious school hours
- parents' entrance into the building will be highly limited
- individual desks spaced 6 feet apart
- Rooms and frequently touched areas will be cleaned and disinfected frequently
- no sharing of supplies
- protocols will be communicated regarding bathroom use, hand-washing and snack

Please note we are prepared to go completely virtual at a moment's notice if required, but for now, we look forward to welcoming you back to the building!



As we begin our 2020/2021 Religious School Journey together, I am really excited to be working with each and every one of you and your wonderful child/ren to provide a quality Jewish education for all. Please

view this letter as my invitation to reach out to me anytime about your dreams, wishes and hopes, as well as concerns, questions and feedback about your child/ren's Religious School experience.

For those of you who don't know me yet, a little bit about me: I was born and raised in Vienna, Austria, and attended school there, as well as in England and Canada. I have been a Jewish educator in all of these countries, as well as here in the U.S. for many years, including directing a Religious School in Hillsborough for 16 years. Most importantly, I am a mother to six wonderful children, ranging from ages 10-18. I am passionate about the power of education and value the role that a strong community and strong relationships play in providing children with an environment that allows them to thrive in every way! That is why I am especially excited to combine my previous role at MJCBY as Program Director with my new additional role as Director of Education. I look forward to a wonderful year of learning and growing together as a community!

These unprecedented times have given us the opportunity to think out of the box and offer new, exciting, meaningful and engaging ways to learn and celebrate our Judaism. Rest assured that we will continue to provide a quality education. We are fully prepared to teach in a variety of ways in response to an ever fluid situation, while taking great care that our physical and others health is protected.

Please join us at one of the many exciting Religious School events during this Holiday Season. From our Kick-Off event with professional soccer player Ryan Adelye on September 13, to our Sukkah-bration on October 4, and much excitement in between - we'd love to see you!

I look forward to a fantastic year together,

Miriam Krinsky

# **Religious School News**



# Religious School 2020/21 KICK OFF

V

Sunday, September 13, 9:30 am - 11 am



Join Ryan Adeleye, former professional soccer player in Israel and the U.S., as he tells his story of playing a professional sport as a Jew, and leads us through fun activities to help get us in perfect shape for a new Religious School year!

Following Ryan's workshop we will have individually wrapped ice cream for all to enjoy.

Let's make it a sweet, safe and energizing start to a great year!

Open to the public as a

Religious School Open House

(registration required and covid guidelines strictly enforced)

This event will be simultaneously zoomed.

RSVP to miriam@mjcby.org by 9/8

# ON THE FENCE ABOUT RELIGIOUS SCHOOL THIS YEAR?



### WE'VE GOT YOU COVERED!

We know that these are uncertain times, and that you and your children may be unsure if Religious School is going to work for you this year. We understand, and are therefore extending a special offer to you:

Try Religious School until the end of the High Holiday Season (October 12) completely FREE, no strings attached!

Have your child try either our virtual or in person options (or try both!). Then decide if you would like to join for this year. Tuition will be due in full after the trial period, but if you decide that it will not work, there will be no charge at all for the trial period.

Please contact Miriam Krinsky for and questions and for more information. miriam@mjcby.org



# MJCBY Religious School Simchat Torah Party!

SUNDAY, OCTOBER 11TH 10 AM - 11:30 AM

Religious School Families and Friends are invited to join us for a fun morning celebrating Simchat Torah! Bring your best dance moves for a dance off competition

CDC guidelines will be strictly adhered to and masks required. This event will be simulast on Zoom.

RSVP to Miriam@mjcby.org



# **Contributions**

### **BUILDING RENOVATION FUND**

Drs. William and Julie Lupatkin in memory of Bertha Lupatkin.

### **CANTORS FUND**

Aron Schwartz and Amy Brunswick in memory of Hilde Spain and in honor of Peppi Glass becoming a bridge master.

Israela Halpern in memory of Hilde Spain, Max Keston, Moshe Keston and Debbie Marcus's father; congratulating Phyllis and Larry Levin on the birth of their granddaughter.

Rick and Sharon Barkauskas in memory of Gabriella Ginsberg and Theodore Barkauskas.

Lynne and Walter Rosenfeld in memory of Hilde Spain.

### CANTORS FUND

Thank you from Jean Steckler.

Israela Halpern in memory of Florence and Jack Suval, parents of Fern Spitzer; in memory of Regina Kesten Fisch; in memory of Florence Fleichman and as a thankyou to Debbie Brody for the hard work and effort in making the religious school great.

# **EDUCATION ENDOWMENT FUND**

Thank you from Karen and Michael Gooen.

Thank you from Judy and Jeremy Diringer.

### RABBI'S DISCRETIONARY FUND

Ruth Candeub in memory of Sarah Averbach Boris.

Arthur and Jodi Israel in memory of Pauline and Isaac Israel.

Eileen Glasser wishing a speedy recovery to Linda Kornreich and Ellie Chimoff.

Steve and Alison Abend in memory of Dorothy Mulnick.

### RABBI'S DISCRETIONARY FUND

Barbara Grandis in memory of Rose Grandis. Peter and Nina Blank in memory of Leo Blank, Jean Tetelbaum, Hilde Spain, and Daisy Kazam.

Drs. William and Susan Neigher in memory of Harry Rubinson and Ruth Strassberg.
Peppi Glass in memory of Daniel Glass.
Martin and Joan Cohen and family in memory of Dorothy Cohen and Ruth B.
Stern.

Beatrice Mintz in memory of Maz Mintz and Nelson, Sarah Mintz and George Mintz. Paul Selver and Ellen Roller in memory of Max Roller.

### RABBI'S DISCRETIONARY FUND

Beatrice Mintz in memory of Mary Weinstein.

Ann and Richard Goldstein in memory of Roberta Schneider's mother.

Max Weiss in memory of Agnes Weiss.

Robin and Adam Kane in memory of Bruce

Colin & Natasha Reisner in memory of Henoch Ralph Gartenberg.

Mimi Freed in memory of Michael Freed.

# SHALOM YELADIM FUND

Donald and Fern Spitzer in memory of Florence and Jack Suval and Israela Halpern's mother.

Thank you from Louis Bodian and Helena Kloder Bodian.

Richard Allen & Gloria Weiss-Allen in honor of the birth of our first Grand Baby Scarlett Jade Weiss, daughter of Marshall Weiss and Heather Fox.

### **SOUP KITCHEN FUND**

Betty and Arnold Goldstein in memory of Mildred Goldstein.

Alex and Marilyn Miller in memory of Minnie Miller.

to explore options for contributions visit <a href="http://www.mjcby.org/about-us/donate/">http://www.mjcby.org/about-us/donate/</a>

# WAYS TO SUPPORT MJCBY

Did you know you can make a donation for any amount?

- In Honor of a Simcha
- In Memory of a loved one
- In appreciation of congregants
- R'fua Shlema-Complete Healing

**CANTOR'S FUND** - support Music and other activities organized by the Cantor.

**CHEVRA KADISHA** - help cover the cost of materials, supplies.

**EDUCATIONAL ENDOWMENT FUND -** to support the costs of education at MJCBY.

**FRIGAND FUND** - For activities not covered in the budget for minyonnaires.

**GEMILLUT CHASADIM FUND-** provide food for shiva and a member who is unable due to illness or otherwise.

**HISTORY FUND**-preserving and preparing materials regarding MJCBY history.

**MORCHOWER FLOWER FUND** - flowers on the bimah.

**RABBI'S DISCRETIONARY FUND**-For the Rabbi, in his discretion, to help the needy.

**BUILDING RENOVATION FUND -** maintain and refurbish the building.

**SHALOM YELADIM FUND** - support scholarship and activities. (checks made payable to Shalom Yeladim)

**SOUP KITCHEN FUND** - support community soup kitchen and homeless needs.

**YARZHEIT FUND** - purchase and repair prayerbooks.

Checks are to be made payable to MJCBY and sent to:

177 Speedwell Ave., Morristown, NJ 07960

# Men's Club

MEN'S CLUB DUES \$36.00 2020-2021



lit. a person, a human being. An hono able, decent, admirable individual. The highest compliment you can pay someone. IDENSCHLICHKITE is true hu manity. syn. BALBATISH (respectable responsible, well mannered).

### Be a Mensch!

Get involved, plan an event, offer new ideas!

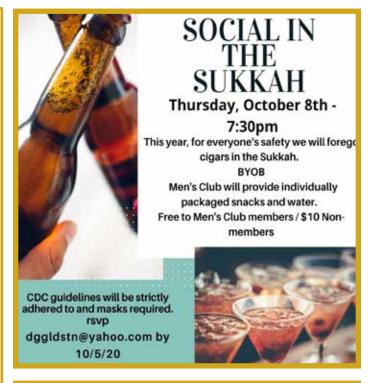
- 1. Feeding the sukkah builders!
- 2. Food for our blood drive!
- 3. Bagels at our many events
- 4. B'Nai Mitzvah Gifts! Kiddush cup/boys-Candle sticks/girls!
- 5. Tallit & tefillin brunch for 6th grade students & families!
- 6. Special talks and lectures and Book Club!

Make checks payable to "MJCBY Men's Club" - mail to: Doug Goldstein, 24 Forrest Road, Randolph, NJ 07869 Questions - dggldstn@yahoo.com or (973) 895-3082.

Name: \_\_\_\_\_\_
Tel #: \_\_\_\_\_
Email: \_\_\_\_\_

We welcome new members. Contact Doug to get involved.





# SUKKAH BUILD SUNDAY, SEPTEMBER 13TH - 8AM

Volunteers must wear face masks and gloves and will work in small groups or separately. This effort will enable us to provide our Shalom Yeladim and Religious School children a meaningful Sukkot experience and allow fellow MJCBY members to fulfill the mitzvah of shaking the lulay.

Please RSVP by 9/10 to dggldstn@yahoo.com



Men's Book Club

Interested in becoming a book club member?
Contact Howard Buxbaum at HowardBuxbaum@gmail.com.

September 9: Between the World and Me

October 14: The Last Jew







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Ridgedale Avenue, Cedar Knolls

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For information call: **973-543-9740** Website: www.bethisraelcemetery.com

Opportunities for volunteers to help with flags for Memorial Day & Veterans Day

Cemetery is closed on the Sabbath

# **Yahrzeits**

SHABBAT SEPTEMBER 4 & 5			SHABI	SHABBAT SEPTEMBER 11 & 12			SHABBAT SEPTEMBER 18 & 19		
Elul September			Elul	September		Tishrei	Tishrei September		
16	5	Edward Berman	24	13	Clara Bellings *	1	19	Sam Lement *	
		Harry Ginsberg			Diana Levy	2	20	William Ray Elman	
		Emanuel Wolf			Dorothy Mullivor	3	21	William Drucker *	
17	6	Bertel Hirsch			Sadie Seiden *			Stuart Salny *	
		Mark Levin	25	14	Bernice Balaban *	4	22	Louis Sager	
		Abraham Silverstein *			Morris Beck			Mollie Smith *	
18	7	Moshe Goldin *			Robert Heiser	5	23	Beverly Gruber *	
		Herman Grandis			Hyman Rubinstein*	6	24	Ellsworth Castelbaum*	
		Helen Schlosberg *			Samuel Schwartz			Meyer Layne	
		Joseph Thal			Jacques Shapiro *			Jack Stein	
19	8	Rose Gordon *			Jack Suval *			Irene Weingast	
		Jerome Gottesman	26	15	Gertrude Levine			Anna Weinstein *	
		Dr. Walter Jacobowitz	28	17	Bentsion Gervits	7	25	Miriam Beecher *	
		Jonathan Kelter			Emil Koupf			William Richards	
		Robert Weinstock			Sarah Neibart				
20	9	Harry Cutler *			Meyer Rehert	SHABB	AT SEPTE	MBER 25 & 26	
		Sherry Rosenbaum			Max Rifshin *	Tishrei	Septem	ber	
21	10	Albert Levinsky *			Madeline Socol *	8	26	Lee Brunswick	
		Louis Rudich			Flora Weissman			Sam Fogel	
			29	18	Minnie Adler *			Debra Roman	
SHABE	AT SEPTI	EMBER 11 & 12			Grace Bandes			Harry Seiden *	
Elul September					William Diamond			Arnold L. Sutta *	
23	12	Edith Adler *			Louis Dorf	9	27	Philip Levine	
		David Chanin			Arthur Krauser *			Irene Stern *	
		Howard Kane			Madelynne Schulman			Francis Weinstein *	
		Irving Lieb			Abraham Spiegel *	10	28	Mathilde Mazel Tov Attias*	
		Lucille Rovak			Martin Sternberg			Norma Rosenfeld *	
		Bonnie Sheller				11	29	Seymour Gudis	
*deno	tes a pla	que on the Yahrzeit wall.						Jack Hirsch	
0.0110	<b>,</b>	1						Sidney Levitt	
						12	30	Charles Chasin	
								Ralph Friedman *	
								Lawrence Glasser *	
Need A Man Around								Ann Markel *	
								Laura Stone *	
	- C	The Hou	ıse?			Tishrei	0ctober	Josef Weiss	
Certified In-Home Safety Modifications for Senior Citizens Grab Bars • Handrails • Bathroom Safety & Repairs						13	1	Dina Ginsberg *	
								Khedouri Kazam *	
								Marilyn Miller	
Lamp/Light Repair • Locks • Furniture Assembly							Miriam Weine		
	Various technical household repairs					14	2	Morris Abraham	
Insured, References from your neighbors upon request								Stanley Laska	
Marty's Home and Appliance Repairs							Anita Miller		
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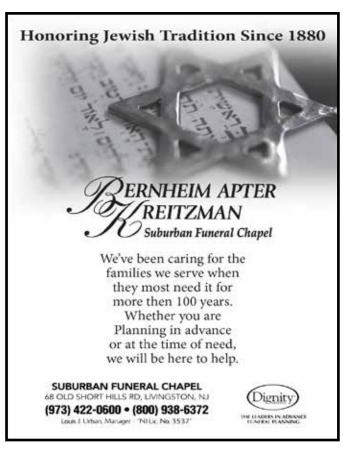
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