



These days should be remembered and observed in every generation by every family, and in every province and in every city. And these days of Purim should never fail to be celebrated by the Jews—nor should the memory of these days die out among their descendants. Esther 9:28

Tueide		Life Long Learning	6	Religious School	15
Inside		Purim	8	Contributions	16
Schedule of Services	2	Synagogue News	10	Men's Club	17
From the Rabbi	3	SY News	12	Yahrzeits	18
From Cantor Shana	4	Sisterhood News	13	Quick Look Guide	23
Executive Director	5	Youth News	14		

Schedule of Services MJCBY Clergy & Staff

Schedule of Services

Friday, February 2 4:59pm Candle lighting 5:30pm TGIS 6:15pm Services

Saturday, February 3 9:30am Services 10:30am Learner's Minyan Sedra: Yitro

Friday, February 9 5:08pm Candle lighting 6:30pm Musical Shabbat Services

Saturday, February 10 9:30am Services - Shabbat Shekalim **Minyonaires Shabbat** 10:30am Junior Congregation 10:30am Tot Shabbat Sedra: Mishpatim

Friday, February 16 5:16pm Candle lighting 6:15pm Services

Saturday, February 17 9:30am Services Simcha Shabbat Sedra: Terumah

Friday, February 23 5:24pm Candle lighting 6:15pm Services

Saturday, February 24 9:30am Services - Led by 6th Grade 10:30am Junior Congregation Sedra:Tetzaveh

Wednesday, February 28 **Erev Purim** 6:45pm Maariv and Chanting of **Megillat Esther**

CLERGY

Rabbi David J. Nesson Cantor Shana Onigman

STAFF

- Gerry Gross, Executive Director Steve Kandler, Office Administrator Tamara Goldberg, Bookkeeper Damon Brown, Custodian
- Life Long Learning
- Flo Sager, Religious School Administrator Michelle Nulman, SY Director

EXECUTIVE COMMITTEE

Jeremy Diringer & Steven Gardberg Co-Presidents

- Kathy Neibart, First Vice President
- Barbara Kavadias, Second Vice President
- Harvey Kellman, Third Vice President Vivian Laska (973) 984-8178 Scott London, Financial Secretary
- Todd Schleifstein, Treasurer
- Phyllis Kopp, Board Secretary
- Robert Gelber & Ira Hammer
 - Immediate Past Co-Presidents
- Mark Bender, Advisor Robert Berns, Advisor
- Fern Spitzer, Advisor

ARMS OF THE SYNAGOGUE & **COMMITTEE CHAIRS**

Deborah Brody, Board of Education Mark Bender, Facilities, Security & Technology Meryl Balaban, Gemilut Hasadim

Lewis Stone, History Committee Keith Usiskin, Kol Nidre Appeal Kathy Neibart, Membership Karen Lilienfeld, Director of Education & Howard Baum & Paul Green, Ritual Louis Bodian, Social Action Michelle Nulman & Amy Weinstock, Youth Co-Chairs Becca Wanatick, LLL Chair

SISTERHOOD

Rachel Richman & Beth Schreiber Co-Presidents, Sisterhood

JUDAICA GIFT SHOP

Sharon Barkauskas (973) 285-1877 Donna Gross (973) 895-5553 Dorothy Cohen (973) 361-4338

KIDDUSH COMMITTEE

Michelle Usiskin (973) 543-5795 Kathy Neibart (973) 292-1933

SISTERHOOD TORAH FUND

Judy Diringer (973) 998-0167

MEN'S CLUB

Doug Goldstein (973) 895-3082

NEWSLETTER

Donna Gross, Editor & Designer Debbie Brody, Marsha Lewin, Nancy Berns, Fran Loewensteiner, Copy Editors



FROM THE DESK OF THE RABBI

Words Matter so DO actions. A Purim Lesson for Today

≥late Rabbi Abraham Joshua Heschel, remembers the following story. When she the evil words were not confronted, it was was very little, Susannah asked her father how God created the world. Rabbi Heschel told her about how God created light simply Well, actually someone had the courage to by saying, "Let there be light," about how God created plants and trees simply by saying, "Let the earth sprout vegetation," and it was so. "God," Rabbi Heschel told his daughter, "created our world...with words." Susanna questioned the answer. "When I build," she said, "I build with my blocks. When those men built our house, they used bricks and cement. Why did God create the second only to the King. Mordechai prodworld with words?" His answer, "to teach ded her, "It was for this very reason that us an important lesson: Just as God created our world with words, our words create worlds, too. So we must use our words very carefully. Kind words create a kind world, but mean words create a mean world."

No matter who we are, our words have tremendous power. What we say can transform someone's day...and, sometimes, even their whole life. We can either say things that build people up, that encourage them or we can say things that destroy them. The book of Proverbs teaches us, "harsh words strike at us like swords." Words, like weapons, have the power to destroy and words also have the power to build.

Words have power. When evil Haman in Megillat Esther that we read on Purim speaks, he speaks denigrating words, in this case about the Jewish people. "There is one nation," he said, "scattered throughout the kingdom, which is different from all other nations. They don't eat our food, drink our wine. Because they are different, because they came from somewhere else and keep to

themselves, because they speak a different you are in the position to make your voice language, and don't blend in, they must be destroyed. If you give me permission, I will destroy them for you." And you know what? No one spoke up. Everyone was so usannah Heschel, the daughter of the afraid to speak the power of truth. Even the King went along with the plan. When on its way to leading to terrible action.

> speak it. Or really, two someones. They were Mordechai and Esther -and thank G-d for that. Without them, we would not be here today. Mordechai learned of the plan and went to Esther, who was in enough of a position to make her voice known. Yet, VeHamveen Yaveen even then, she hesitated! Like most people, she was afraid of the powerful Haman,

heard. Now is the time!' Esther gained the courage to speak up; to defend herself and the Jewish people from the evil words and evil planned actions of Haman. It was her voice, backed by Mordechai's encouragement, that not only saved the Jewish people, but, by eliminating Haman's hateful words and plans, put the Kingdom of Shushan back on track too.

As we enter the Purim season, this story and its lessons still speak to us. The power of words, the power of courage, the power of action. We need that today too!

MORRISTOWN JEWISH CENTER BEIT YISRAEL IS YOUR COMMUNITY

ur clergy is here for you.

Please let us know when you need us—if someone is ill or in the hospital—or when you want to share your good news: a new baby, a marriage, or other simcha. We want to know, but you have to tell us. Please call the office at (973) 538-9292 or email office@micby.org.

Special note: Let us know if you or a family member would like a visit from the Rabbi due to illness. HIPPA privacy laws prevent us from receiving this information.

Our Gemilut Hasadim committee is able to provide support for those that need it.

Please contact Meryl Balaban at meryleo@aol.com

When you have experienced the death of a loved one, please contact Rabbi Nesson at (973) 538-9292 or (973) 285-9772 before you make any plans. In this way, he will be most helpful in making these preparations in a proper Jewish manner.



FROM THE DESK OF CANTOR SHANA

Cantor's Notes

Tu B'Shevat

"Trees don't want to be planted in the summer!"
"When do they want to be planted?"
"Around Tu B'Shevat!"

Toverheard this exchange recently at a gathering of Jewish educators It struck me as both quite true and a bit amazing that I had never found myself thinking about Tu B'Shevat from the perspective of the trees themselves, in the sense that they themselves may have preferences.

There are only two seasons in Israel: wet and dry. It's one thing to know this, but quite another to experience it. The year I spent in Israel as a student, I arrived in June, and it wasn't until late July that I finally realized the strangest thing about being there was that so many days and then weeks had gone by without a single cloud in the sky or a drop of rain. Certainly a contrast to summers in the Northeast US. Then, just after Sukkot, the clouds rolled in and hung there, and the rain poured down followed by heavy, wet snow -- unusual, but that winter of 2002-2003 was a dramatic one in Jerusalem. Despite the rain, trees shouldn't yet be planted in the fall or early winter in the wet season, because the soil, had been so dried out by the long summer that it takes a couple of months of regular rainfall before it is saturated enough for the tree roots to take hold. Hence, as the speaker I overheard a few days ago said, "the trees don't want to be planted until the right time of year, when the soil is wet enough for their new roots and there is still more rain to come over the next few months before the dry season sets in." If they are planted too early in the season, then the soil is still too dry and they won't survive. If they're planted too late in the season, summer will come before their roots have gotten the chance to dig deep enough for the water that remains below the surface, and they won't survive that either. So there's a very specific window in the land of Israel that makes for the best planting time to grow healthy trees.

The concept of Tu B'Shevat itself derives directly from specific directions in the Torah that when a tree reaches a certain age, its first fruits must be offered at the Temple in Jerusalem. The following year, the fruit of that tree may be eaten. This meant that at the time of the Temple, those who grew fruit trees were responsible for keeping track of the age of each one. The concept of establishing a specific date for the activity, not just of planting the trees, but also of counting each one to be a year older comes

from the Talmud, which gave practical instructions to be able to fulfill the mitzvah as outlined in the Torah. It is probable that those living in the land of Israel for generations had already settled on the month of Shevat as the best time of year to plant trees, based on the weather and soil patterns. The 15th of every Hebrew calendar month is naturally the full moon (as the first of the month is always a new moon), so it makes sense that the 15th was established as the correct date for planting, when the soil is finally saturated and the moon is bright. The word "Tu" in our "Tu B'Shevat" comes from the Hebrew letters that make up "15": tet = 9 and vav = 6. Put those together with a dot in the vav, and you get the sound "tu".

I love pieces of Jewish-based agricultural wisdom like this. Most of our mitzvot, our commandments and traditions, are based on Jewish values that guide us to be good people through setting standards for our interactions with other human beings, or giving us directions on how to keep an awareness of God in our lives. Although the origins of Tu B'Shevat derive from instructions in the Torah related to sacrifices made to God in the temple, and directions found in the Talmud on correct ways to keep track of the trees in order to fulfill this mitzvah, the planting of trees in the right season is an example of how our Jewish traditions pervade not only the realm that we might designate as "religious", but every aspect of our daily lives, including sensible and responsible stewardship of the earth, with an awareness of what trees want.

May you have a sweet and fruitful Tu B'Shevat!

Cantor Shana

WEEKLY WOMAN'S TORAH DISCUSSION

Every Friday - 10:30 am

What happens when a group of women get together to read and discuss Torah each week?

Come find out!

We read, discuss, and wrestle with our primary sources: the Torah and Prophets. All backgrounds and knowledge levels are welcome. This is a very informal class; come whenever you can make it, even if you can't be there on time or you can't make it every week. Bring your questions! Contact Cantor Shana with any questions.



FROM YOUR EXECUTIVE DIRECTOR...

The Meaning of Time

Lankowsky and Sergio Bienstock, Rabbi Golinkin introduced me to a word whose meaning has been resonating in me for years. The word mongst all of the psalms, Psalm 90 is is Shalva (from the same root as Shalom) and is roughly translated attributed not to David but to Moses. as calmness, serenity, tranquility, peace.

score and ten; four score if granted the vigor."

So from Moses (at 120) who stood on the mountaintop and saw years ago it is all too pertinent today. the land that his people were about to go into, 70 seems to be a shortened existence. Maybe yes, but then again, maybe not.

As I write this, I am just weeks away from joining the three score and ten generation. I titled this article, "The meaning of time," because the natural instinct at this age is to reflect on the years past and what they have meant.

To me, time is not the full measure of a person's life but only a component. Jim Croce in his tome-poem, Time in a bottle said, "If I had a box just for wishes. And dreams that had never come true..."

A bottle, a box, an entire universe could contain our stored existence. But to what end?

A life should be bettered measured by quality rather than just quantity. Memories are wonderful but experience is what makes life worth living. Just imagine having that one "Aha" moment like Einstein and E=MC2 compared to the insanity of people screaming at each other in the name of politics.

Quality versus quantity. See what I mean.

Yes, I am turning 70, but more and more that is only a number. I have so much more to learn and experience no matter how many years I am granted on this earth.

taken to heart more and more in the last decade or so. In 2007, Meaningful Life. Rabbi David Golinkin was our esteemed Scholar-in Residence. On the Saturday evening event for patrons at the home of Shelley Gerry

In verse 10 we find the adage: "The days of our years are three In this world of noise, distraction and meaningless chatter, I was inspired by that evening to write a poem entitled Stillness (Shalva). I would like to share with you some excerpts. Although written ten

> In the cluttered, bustle of life's realistic bent, I am in quest of stillness.

> Not the quiet, echoless byproducts of empty, hollow passing fancies do I seek.

> No, my stillness is rich and full-bodied like an amber ale playfully biting on my tongue.

> Truly exquisite is my solitude, Walden's cabin built in the mind of a true believer.

> In the blackness of the night lit by a blanket of stars I have felt that stillness

> In the moments before it is time to recite the Shema I have felt that stillness

> Before an open Ark, I am transfixed as the congregation intones Etz Chaim Hi

> My breath exhales in a single stream of desire for the transcendent Hadesh Alenu Ke'kedem

I am compelled to follow its course.

For yesterday is the grounding of all experience and the future is replete with possibility.

In deepest solitude exists the very essence of my bliss and the touch of angels.

It is the makom of hidden Stillness.

I shout without sound and utter in wordless joy-

O source of Peace, bestower of Stillness and guardian of Shalva.

I will share with you one thing that I have learned and have My birthday wish for all of you is the time and health to live a

TEAR OUT AND SAVE YOUR QUICK LOOK GUIDE **ON PAGE 23**

Life Long Learning

Morristown Jewish Center Life Long Learning **Presents** A Learner's Minyan with Cantor Shana

January 13, February 3, and March 17, 2018

- Have you ever wondered what is in the Siddur (the prayer book)?
- What do these prayers mean?
- Why are the prayers there?
- How can I join in with the congregational singing and participating in these prayers?

The program will take place in the Library from 10:30 AM to 12:00 Noon followed by the Congregational Kiddush.

RSVP to the Cantor at shanaonigman@yahoo.com

ALL ARE WELCOME! Open to all members, friends and the community!! We are never too old or too young to learn!

> (a) Morristown Jewish Center Beit Yisrael 177 Speedwell Avenue, Morristown, NJ

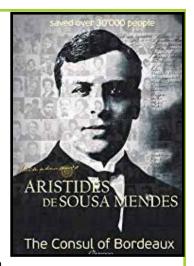
> > Get Centered At MJCBY!

MOVIE NIGHT

Sunday - February 11 - 7 pm

THE CONSUL OF BORDEAUX

This is the story of Aristides de Sousa Mendes, a man who issued 30,000 visas for safe passage to Portugal during WWII, in June 1940, defying the direct orders of his government. Among them



were 10,000 Jews. There is another story, interwoven into the plot, about an orchestra conductor who was one of those saved. Bring tissues.

As always, both the movie and refreshments are free. A discussion will follow.



addition, children can also compete in an 1800 SF laser tag arena, bounce on a jump pillow and in the inflatable Sesame Street attraction, soar on a helicopter ride, enjoy games and win tickets in the newly updated FunCade, and watch a new friend come to life as they stuff a plush build-a buddy. Younger children will love the classic coin operated kiddle rides and age-appropriate playground.

The FunTime Cafe has plenty of seating and serves a wide array of kid and adult friendly food and beverages. Parents can also relax and watch TV from comfortable rocking chairs while their kids play. *** WALK-IN OPEN PLAY IS HELD TUESDAY THROUGH SUNDAY **

400 Fairfield Road • Fairfield, NJ 07004 • 973-882-9777 • www.FunTimeJunction.com

Comedy Night



FAMILY DINNER AND MOVIE NIGHT

Saturday Night March 10

HUGO

Just in time to change the clocks we will screen the movie

We guarantee you'll have a good 'thyme'!

Watch for more information



MAY 6

We will honor
Gerry Gross
for his years of
service to MJCBY.

More information to follow



TEAR OUT

AND

SAVE

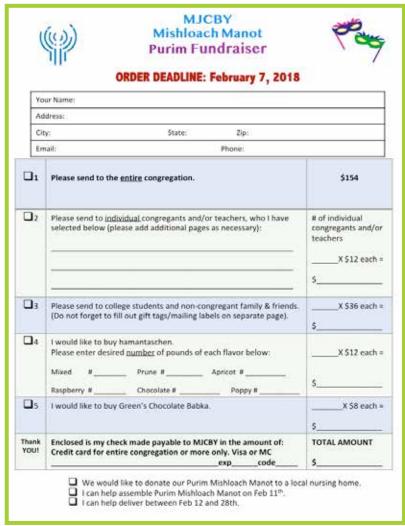
YOUR

QUICK LOOK GUIDE

ON PAGE 23

Mishloach Manot and Purim Fundraiser





Payment and orders are due February 7, 2018. Please make all checks payable to MJCBY and put "Purim" on the memo line. If you have any questions, please do not hesitate to contact Mayrav Smith at 973-975-6119, Debbie Goldstein at 973-713-3869, Nancy Berns at 973-886-8852 or Judy Diringer at 973-998-0167.



Purim, Tu B'Shevat & Musical Shabbat

Morristown Jewish Center-Beit Yisrael 177 Speedwell Avenue, Morristown, NJ



Purim is Here! Celebrate with a Dinner



and The Megillah Reading
Wednesday, February 28, 2018
"Hoagies and Heroes"

Come dressed as your favorite hero!

Time: Hoagie Dinner @ 6:00 pm

Ma'ariv and Megillah Reading @ 6:45 pm

Cost: Adults \$15; Children 5 to 12 \$10

Under 5 free \$50 Maximum per family

Vegetarian/gluten free options available upon request

Dessert: Hamantashen, of course!!

Open to the Community

RSVP to Gerry Gross by February 21, 2018

at execdir@mjcby.org or 973-538-9292.

Get Centered At MICRY



FRIDAY, FEBRUARY 2, 2018

Thank G-d It's Shabbat for families with children 7 & under

Thank G-d for Trees

Service at 5:30pm Dinner Crafts to follow at 6pm



\$7/person 2 and under free
*Please tell us if you have dietary restrictions

RSVP by Monday, January 29 to karen@mjcby.org

Open to the Community-Membership not required



Musical Shabbat

At

MJCB9

MJCBY

invites you to our

Friday Evening Musical Shabbat Services

Please join

Cantor Shana

To welcome in Shabbat with instruments and song

February 9, 2018 6:30 pm

Festive Oneg To Follow

Morristown Jewish Center Beit Yisrael 177 Speedwell Avenue, Morristown

GET CENTERED AT MICRY

Synagogue News



Looking to Give Back to Your Community Through Good Deeds?

We serve less fortunate members of the Morristown community at the Morristown Soup Kitchen, the 4th Sunday of every month.

The Social Action Committee is looking for new members. If you are interested in extending what MJCBY does beyond the Soup Kitchen and Family Promise activities, we would like to hear from you. MJCBY prides itself on doing Tikkun Olam to benefit our community, and your suggestions will help us to expand our mission. If interested, please e-mail either Lou Bodian (Loub48@gmail.com) or Howard Buxbaum (howard-buxbaum@gmail.com). We look forward to your great ideas.

DO A MITZVAH... GET INVOLVED..

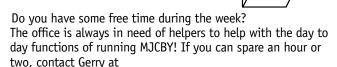
A re you longing to give back to the Community?

Does your child need a mitzvah project for their B'nai Mitzvah?

GEMILUT HASADIM!

The Gemilut Hasadim Committee is looking for volunteers to make an occasional meal for a member of our congregation who is returning from the hospital or rehab facility. If you can help out, please send email to Meryl Balaban (meryleo@aol.com) or Helena Kloder (hgkloder@gmail.com) and indicate if you are kosher.

THE OFFICE



CHEVRA KADISHA

973-538-9292 or execdir@mjcby.org

Would you like to participate in the ultimate Mitzvah? the ultimate kindness? Our Chevra Kadisha (Holy Society) is looking for both men and women to join our team of Tahara volunteers. Help to provide comfort to mourners and respect to their departed.

To learn more, contact Barbara Kavadias at bkavadias@gmail.com or Gerry Gross at execdir@mjcby.org

GOOD & WELFARE

Condolences to:

Dan Sontupe on the passing of his beloved father, Ira Michael Sontupe.

Mazal Tov to:

Ilene Wolff on the birth of a granddaughter, Samantha Alexa, born to Rachel and Evan Brustein.

Kelly and Michael Kulick on the birth of daughter, Elizabeth Marie.

Donna and Gerry Gross on the birth of a granddaughter, Esther June, born to Jennifer and Michael Sanabria.

Harriet and David Sakof and the birth of a granddaughter, Eliana Robyn, born to daughter Rachel and Joshua Schachter.

Refuah Schlema to:

Steven Abend, Jeff Czeisler, Neil Frigand, Vicki Hart, Ellis Hoch, Sue Jacobowitz, Judy Josephson, Abraham Kadushin, Avi Lyon, Nancy Medford, Sonya Oppenheimer, Scott Reilly and Marcia Samuels.



Rosh Hashanah begins on September 9.

Purchase your own High Holy Day prayer book today Machzor Lev Shalem is now available \$36 per book

Contact the MJCBY Office, 973-538-9292, to purchase your copy.



Jessica Barna 9 Birch Lane Morristown, NJ 07960

Stefanie and Jhonathan Briceno 10 Deer Run Drive Randolph, NJ 07869

Stephanie and Jonathan Rosen 41 Elm Street Apt 5V Morristown, NJ 07960

Synagogue News

Make a Legacy

SIMCHA SHABBAT:

Simcha Shabbat is a monthly celebration of the wedding anniversaries and milestone birthdays of our members.



During the Shabbat service, members will be recognized on the bimah for their simcha and receive a special gift.

Our next Simcha Shabbat will be on February 17 when we will celebrate with our congregants having a wedding anniversary or milestone birthday in January or February.

To ensure that we have everyone's correct wedding anniversary date, we ask that all of our members to take a moment to log into their online ChaverWare accounts to check that they have properly inputted this information and that their email address listed is correct. If you need help with ChaverWare please contact Gerry Gross in the office.

If you have any questions about Simcha Shabbat please contact Jeff Grayzel, the MJCBY Simcha Shabbat coordinator, at grayzel@verizon.net.

Shalom Club

SHALOM CLUB HAPPENINGS

February, 2018

The Shalom Club is a joint project of the Morristown Jewish Center and the JCC of MetroWest. The Shalom Club meets on Tuesdays at the Center at 11 am. Bring a dairy lunch and coffee and cake will be served. Guests are always welcome. For information, call MJCBY at (973) 538-9292.

Shalom Club Happenings:

Feb. 6, 2018 - Rothman Luncheon

Feb. 13 . 2018 - Meeting program to be announced

Feb. 20 - Shoprite of Greater Morristown, registered dietician, Monica Hanson, will enlighten us on, "Healthy Eating Options," update.

Feb. 27 - Hirschhorn Presenter, Lloyd Kuchinsky, will present, "Neil Diamond."

JCC Group Leader, Lori Chimoff



There is an old Yiddish Expression

"May you live to be 120 years old"

Our beloved Jewish Center next year will turn 120.

We are looking pretty good for our age as our little ones in Shalom Yeladim and in our Religious School help to keep us all young.

We on the MJCBY Legacy Society Committee, along with our Board of Directors, encourages you to consider joining our 43 members of the Legacy Society and include us in your future plans.

After all at 120 we are just getting started.

We thank our 43 members of the MJCBY Legacy Society for including MJCBY in their future plans to enable our home to thrive in the years ahead.

** Making a Legacy commitment does not require you to specify a dollar amount now.

Please reach to one of our Legacy team members to discuss how you can be part of our Legacy Society and the Future of MJCBY.

The Future is Now!

Rabbi David Nesson

Robert Berns

Irving Cohen

Karen Gooen

Gerry Gross

Fern Spitzer

Get Centered at MJCBY
The Center of Jewish Life in Morristown since 1899

The Create a Jewish Legacy program is co-sponsored by the Grinspoon Foundation and the Jewish Community Foundation of Greater Metrowest



The Judie Gerstein Early Learning Center

REGISTRATION IS NOW OPEN FOR OUR SUMMER PROGRAM!

Registration for our 8 week Summer Fun is now open!

Our program is perfect for children

ages 18 months - 4years

Come and enjoy hands-on learning, fun activities,
play outdoors, weekly themes and much more!

Every day brings a world of excitement.

Please call (973)538-8284 or
email shalomyeladim@mjcby.org for more information.

Michelle Nulman









FEBRUARY

2/10 TOT SHABBAT10:30 am 2/19-20 PRESIDENT'S DAY

NO SCHOOL / COME AND PLAY

Sisterhood News

Mindfulness: Part 2 "Listen and You Will Be Heard"



Sunday, February 4 - 10:00a.m.

Listening is a precious gift. Whether with your child, spouse, friend, co-worker, or just the person in front of you at the supermarket, the more time you take to understand them, the more effective you will be in communicating with them. Rather than focusing on what to say, try focusing on what you will hear. Once someone feels heard, they will then be ready to listen to you.

Our guest for the morning, Julie Kantor has a doctorate in clinical psychology and has been an executive coach, trainer and facilitator for over 20 years. She brings her expertise in communication, family dynamics, leadership and interpersonal relationships to help people communicate more effectively. Her goal is for each of you to have some fun and walk away with new ways to communicate.

This program welcomes women of all ages. Everyone will benefit from the experience, connect with friends and meet new members.

RSVP Required: Lynne Rosenfeld 973-945-3399

lfr599@optonline.net

Have a Simcha coming up? B'Nai Mitzvah, Wedding, Baby...

Why not consider setting up your very own "Simcha Registry" at the Sisterhood Judaica Gift Shop and let them know the "favorite things" that are on your wish list!



SISTERHOOD DUES \$36.00 IT'S NOT TOO LATE

special Make this year extra by joining Sisterhood. Foster new friendships, participate in social activities and financial support of our synagogue by strengthening our community, and foster global identity through affiliation with Women's League of Conservative Judaism. These are a few of the benefits of your membership. Active or not, for only \$36.00, you are welcome to join us for our Paid-Up Membership Dinner in the fall where the opportunity to win prizes from our awesome gift baskets is possible.

Dorothy Cohen, Financial Secretary

Please send your \$36.00 to, MJCBY Sisterhood-177 Speedwell Ave, Morristown, NJ 07960

Name		
Email		
Tel		
Addre	SS	





USY and Kadima Stuff

sy: Our USY chapter has had some great activities these past few months. From a bedouin tent movie night, to a competitive GaGa tournament, we always know how to have fun!

Our chapter board has been busy putting together the 2018 calendar with some awesome events such as, IDF training and even a fiesta!

USY provides a great opportunity to not only see all your friends, but also to learn new jewish customs and get together with other jewish teens just like you.

It is never too late to join USY. We have so many exciting events coming up and we want you to be there!

Don't miss the next opportunity! Our next event is Cupcake Wars on February 11th from 6:30-7:45pm.

Rachel Levy
MJCBY USY Membership Vice President













adima: Hi Everyone! As we settle into what I'm sure will be a happy New Year, I'd like to take a moment to review our Kadima fun so far! We've had a number of great events, ranging from a movie night, to team based games and competitions, to cupcake wars. Kadimaniks have had a chance to meet new friends (sometimes even saying hello to the USY'ers), spend time with old ones, and share laughs along the way. We start each event with fun "get to know each other" activities, so even if we haven't had the chance to meet yet, new faces are always welcome and always leave with a smile!

We're looking forward to continuing the fun, and our next event will be Sunday, February 11 from 6:30-7:45! Looking forward to seeing you all there and wishing you a happy Tu B'shvat!

Julian Biller

Religious School News

JCBY Religious School is all about HINEINI, using Jewish spiritual wisdom to lead your children in becoming more present, centered & engaged for life! A line from our prayer book serves as a launching point for mitzvah motivated activities, & as a form of kavannah (mindful & intentional directive), focusing us on the activity we are about to perform. "I am ready to fulfill this commandment." During Kehillah on Wednesdays & Sundays, our children learn to transition from the secular (ordinary, routine) to the sacred. Learning that blessings are our Jewish intention to look for & make the ordinary special, many are spoken aloud. By speaking some of our prayers aloud, we hear what our hearts intend, we center ourselves & each other before adding light to the world through deeds.

What can we do to perform such mitzvot, good deeds we are commanded to do? Torah speaks of Moses taking off his shoes before approaching the burning bush & encountering God. The Israelites had to wash & disengage from routine activities, so they could focus before receiving Torah at Sinai. Some people prepare for special moments with silence. Others prepare with music. Some study, while others pray.

How do you as parents prepare yourselves for the gifts of our teachings brought home by our students? The Learner's Minyan, led by Cantor Shana, is a wonderful way to grow understanding about our prayers through Keva (prescribed order of set prayers as determined by Rabbis) & through Kavannah (engaging heart & mindfulness to recite prayers with intention). Recent participation of Religious School parents who asked questions about our siddur & flow of services was affirmation, that our congregation is a dynamic family of some who prefer traditional & others who would like more guided readings during services. There are many ways to approach our prayers & traditions.

In Who Is Man,? Rabbi Abraham Joshua Heschl writes, "Remember that life is a celebration or can be a celebration. One of the most important things is to teach people how to celebrate." Rabbi Heschl suggests that when we look for milestones to mark special moments in our lives, we stop, pause & reflect on growth & our efforts are put into perspective. We think where we are today, how far we have come, & plan ahead. We are fortunate to get to "stop, pause & reflect" each Shabbat. Seeing parents with arms wrapped around their children's shoulders during services, beaming with pride when their child is on the bima, or role playing a parsha, lead to remembering, keeping & ensuring that MJCBY Religious School is an enduring gift for all who engage.

The month ahead has opportunities for all to experience HINEINI through your choice of Keva (prescribed order), Kavannah (with mindfulness & personal intention), or both! Consider your participation as the gift you give yourselves and your children. Come to one event, or sign up for many...strengthen your roots and connections. Get centered at MJCBY!

FEBRUARY

2/4 School in Session Tu B'Shevat program Tikkun Olam

2/7 School in Session

2/10 Jr. Conq

2/11 School in Session 2nd Grade Parent Day

2/12 ALP

2/14 School in Session

2/18 NO SCHOOL Presidents Day

2/21 School in Session

2/24 Jr. Cong

2/25S chool in Session Purim Celebration 7th Grade Purim Schpiel

2/28 NO SCHOOL Erev Purim

DOOR GREETERS



Feb 4 Debby Goldstein Feb 11 Karen Sagor Feb 25 Need Volunteer

TIKKUN OLAM TOGETHER INVITES YOU TO HELP FEED THE UNSHELTERED HOMELESS

SUNDAY February 4, 2018 (snow date March 4, 2018) 12:30—2:00 PM AT MJCBY

We will be making Sustainable Lunches for Bridges Outreach. Items to donate:

- Sustainable Main Item (chicken or tuna salad with crackers) I am asking each family participating to provide 6 of these in addition to another item on this list.
- Fruit cup or unsweetened applesauce with spoon
- Nuts, trailmix, goldfish or pretzels
- Nutri-grain-type fruit & cereal bar
- Drink: Water (6 or 8 oz. bottle)
- large paper lunch bags

Find out more about

Bridges Outreach

Visit their website:

http://www.bridgesoutreach.org

All congregants are invited to donate—box in office

Additional collection:

- NEW men's socks
- NEW men's underwear
- Gently used warm
 winter clothing
- **Travel Sized Toiletries**
- · Hand & Foot Warmers
- Lip balm

RSVP BY 1/28/18 TO morahzukoff@gmail.com Tell me what lunch items you will

be bringing

Contributions

to explore options for contributions see http://www.mjcby.org/about-us/donate/

ALEX CSILLAG FUND

Patti Tuschman and Family in memory of Hedy Gropper Starr in memory of Helen Kim and Gary Gerstein in memory of Judie Kate Csillag.

Susan and Charles Joseph in memory of Alex Csillag, beloved husband of Patti Csillag GEMILUT HASADIM FUND Tuschman.

BUILDING RENOVATION FUND

Kay and Alan Salzman in memory of Lynne HERMAN FRIGAND FUND and Morty Cowan.

Albert Stein, father of Mark Stein.

Lois and David Chasin in honor of the RABBI'S DISCRETIONARY FUND Berger.

CANTOR'S FUND

Susan and William Neigher in memory of Beatrice Mintz in memory of Edith Mintz memory of Leonora Miller. Molly Neigher and Sarah Robinson.

Glass.

Kay Salzman in appreciation of the Friday Babette and Norman Kornbleuth in memory YAHRZEIT FUND morning Women's Study class.

CHEVRE KADISHA FUND

Chevre Kadisha Committee.

EDUCATION ENDOWMENT FUND

Amy and Robert Morgan in memory of Edith Stern and William Cohen. Kolovsky, grandmother of Geralyn Kerven. Hana Kornblum in memory of Robert Rovak. Kornblum.

Ellen and Roy Solondz in memory of Edith William Kolsky. Mintz Kolovsky.

Dorothy and Irv Cohen in memory of Albert Stein and in memory of Harry Cohn.

Ronnie and Fred Diringer in honor of Zachary Diringer's bar mitzvah.

Adrienne and Alan Chanin in memory of Joseph Thal, father of Jodi Israel.

Israela Halpern in honor of Mimi Czeisler's special birthday.

Sue and Allan Berger in memory of Eleanor Kimowitz, sister of Jack Schreck.

Karin and Barry Kolsky in honor of the 50th anniversary of John and Susan Salsberg. Stewart Jaslove.

FLOWER FUND

Morchower.

Bella Averbach in memory of Ruth Lavein. Sheera and Jeffrey Siegel in memory of Sydney Levit in memory of Helen Green.

50th wedding anniversary of Sue and Allan Marjorie and Leo Josephs in memory of SOUP KITCHEN FUND Edith Kolovsky and in memory of Chlotilde Joan and Jay Disler in memory of Edith Josephs.

> Max Weiss in memory of Estelle Weiss. Kolovsky.

Joy and Justin Stone in honor of Peppi Marilyn and Peter Loeb in memory of Alvin of Ruth Bodian. Fensterheim and in memory of Erwin Loeb.

of Pauline and Harry Kornbleuth.

Louis Cohen and William Kolsky.

Paula Gottesman in appreciation of the Richard Greif in memory of Helen Pundyk. Ilene Dorf Manahan in memory of Harriette Dr. Max Weiss in memory of Sadie Weiss.

Joan and Martin Cohen in memory of Samuel Pikus and Harry Pikus.

Carol and Arthur Rogoff in memory of Jerry

Beverly and Neil Kolsky in memory of

SHALOM YELADIM FUND

Gerstein.

Sheryl and Gary Weine in memory of Nathan Socol.

Vicki and Brian Hart in memory of Richard Kay and Alan Salzman in honor of Sue and Allan Berger's special anniversary.

> Helena Kloder and Louis Bodian in memory of Mildred Gold.

SIMCHA SHABBAT FUND

Sue and John Salsberg.

Mintz Kolovsky.

Wendy Miller and Philip Rosenbach in

Helena Kloder and Louis Bodian in memory

Irene Solondz in memory of Lillian Levitt. Barbara and Marvin Kolsky in memory of Ann and Warren Rhines in memory of Philip Rhines.

> Ruth Van Vort in memory of Miriam Toffel. Lisa and Edward Pikus in memory of Ida



Family News



We welcome the congregation to join us on Saturday, March 3, 2018 when our daughter, Sophia, will be called to the Torah as a Bat Mitzvah.

Sophia is a hard-working seventh grader at Randolph Middle School. Outside of school, Sophia enjoys lacrosse, acting classes at the Morristown Performing Arts Center, art

classes at Artworks Studio and spending time with her friends.

Sophia is a truly kind and loving person and nothing is more important to her than her friends and family. She is most happy when surrounded by her siblings at the kitchen table or at family gatherings with her grandparents, aunts, uncles and cousins. Traditions are an important and treasured component of her life.

For her Mitzvah project, Sophia chose to twin with a Holocaust survivor. She felt it was important to carry on the stories of strength and courage of this tragic time in our history. She has been honored and humbled to meet with Olga Menczer, whose warmth, humor and zest for life is incredible and inspiring. Sophia has learned so much from this experience – not just about the Holocaust, but about the strength of family bonds, friendship, the human spirit and the power of attitude.

Our family wishes to thank the entire MJCBY staff and clergy for their support in helping Sophia reach this milestone. Sophia's brothers, Marcus and Gabe, sister Chloé, grandparents, aunts, uncles, cousins, friends and of course us, her parents, are so proud of how hard she has worked to reach this day and we look forward to celebrating with our lovely and sweet Sophia.



MEN'S CLUB ORCHESTRATED THE COLLECTION OF 22 PINTS OF BLOOD, ENOUGH TO HELP 66 RECIPIENTS.

Men's Club

MEN'S CLUB DUES - 2017-18 - \$36.00 IT'S NOT TOO LATE

Join Men's Club and get Centered!

Your dues allow us to offer a wide variety of fun events and make possible:



Feeding the sukkah builders! Ice cream for Simcha Torah!
B'nai mitzvah gifts! Special talks and lectures!
Tallit and tefillin breakfast for 6th graders and families, and more!

Make checks payable to "MJCBY Men's Club" - mail to: Doug Goldstein, 24 Forrest Road, Randolph, NJ 07869

Men's Club needs you to get involved, plan an event, offer new ideas! Please contact Doug Goldstein -- dggldstn@yahoo.com Name:_______
Email:

PRE-PASSOVER WINE-TASTING & SALE

Saturday, February 10 - 7:00 p.m.

Men and Women (21 and over) are invited by Men's Club for a fun night out! Experts will pour over two dozen wines and explain varieties and pairings with different foods.

Appetizers and desserts will be served.

We will have the best prices around!

\$18 per person.

RSVP to Doug Goldstein by Tuesday, 2/6
dggldstn@yahoo.com

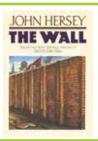


BOOK CLUB

Tuesday, Febuary 20 - 7:30 pm

The Wall by John Hersey

For more information, please contact Howard at howardbuxbaum@gmail.com.



Yahrzeits

SHABBAT Shevat F	FEBRUARY 2 & 3	SHABBAT FI	EBRUARY 9 & 10 Bruce Kletzkin *		FEBRUARY 23 & 2	4
18 3	-		David Salny * Esther Zudick Lola Friedman Max Warshaw Pauline Green Samuel Potter * Sosha Goldin *		Dora Cutle Eleanor Ka Fay Hart * George B	arp odian * rgman Lubliner* ohen *
19 4	Jack Ulman Kurt Lewin Rachel Berger * Trudie Baum	Adar Feb 1 16	oruary Arthur Magidson Celia Brender * Charles Feldman * Ethel Goldblatt	10	Morris Jaco Rose Shapi 25 Barbara Lu Barnett Za Elaine Rov	ob Preiser ro upatkin um *
20 5	Anna Charm Edith Fleischman Frances Ellenberg George Wolff		Fannie Heller Seymour Miller William Roth * EBRUARY 16 & 17		Estelle Feis Frances Ti Goldie Bre Hyman Fin Jerome Fis	llinger ıman e *
	Joseph Freid Nathan Kolsky * Sylvia Leff William Samuels	Adar Feb 2 17	oruary Hyman Klausner * Meyer Pinker Meyer Wexler *	11	Miriam Hoi Morris Coh Simon Golo 26 Dorothy Fe	en Imann
21 6	Anna Friedman * George Michaels Rachel Shraer	3 18	Susan Radin Celia Reich Elyse Ames Helen Jacobs		Estelle Ros Henrietta I Sadie Avrio Samuel Osl	Prentky * :k * nerow
22 7 24 9	Sidney Sawyer		Louise Sadle Macintosh Minnie Goldstein Morris Schachtel	12	Sylvia Schv 27 Abraham L Louis Gold	eon *
	Ethel Cohen Ginsber Evelyn Strelzoff Berg Harry Sklaver Rose Packer *		Sidney Shafran * Abraham Fand * Abraham Rosenberg * Hans Loewensteiner *		Mary Tolko Mordechai Neil Paul C Regina Fro	ff * Halpern ohen * st
SHARRAT	FEBRUARY 9 & 10		Ida Revitz Sol Chasin		Sander Wei Vladimir Sa	
Shevat F			Sylvia Green *	13	28 Elsa Fertig	
	10 Esther Pinker Lillian Evans * Louis Cohen Milton Buchbinder * Samuel Goldblatt *	5 20	Daniel Glass Fruma Segal Herman Lippman * Isaac Israel * Isaac Weinstein *	13	Estelle Frie George Gev Lee Landis Lillian Sing Maurice B	dman vurtz * ger
	11 Donald Squire Evelyn Reiter *		Julius Reisman Lena Rosenberg		Philip Rose Richard Lo	ewengart
27 1	12 Ann Steinberger Cecelia Friedman Faye Abriola * George Karp Sam Hirsh	6 21	Stanley Magidson Benjamin A. Zudick* Ernest Goldberg * Rose Grandis Rose Keller		Robert Ros March 1 Emil Newm Howard To Jacob Fran	ark * ozar
	13 Lola Friedman Victoria Rochlin Bad	7 22 ik	Jeannette Fogel Lena Zam *		Jean Tetell Morris Neil	oaum
	14 Cele Stern Fishman Henry Kosterlitz * Joan Samuels Louis Rockowitz * Milford Salny a plaque on the Yahrzeit w	8 23	Libbie Welinsky * Rose Dann * Anna Frigand * Edith Potash * Isidore Rosenberg * Nachman Berin * Sally E. Sutta * Samuel Golding * William Toffel	15	Sid Salny Wolf Yawit 2 Frieda Glas Harry Fried Ida Saltzm Maye Shaw Rose Isko	ser man * an

^{*}denotes a plaque on the Yahrzeit wall.

Honoring Jewish Tradition Since 1880



REITZMAN
Suburban Funeral Chapel

We've been caring for the families we serve when they most need it for more then 100 years.

Whether you are Planning in advance or at the time of need, we will be here to help.

SUBURBAN FUNERAL CHAPEL

68 OLD SHORT HILLS RD, LIVINGSTON, NJ

(973) 422-0600 • (800) 938-6372

Louis J. Urban, Manager - "NJ Lic. No. 3537"



advocare Morristown Pediatric Associates

Martin L. Cohen, MD, FAAP Suhaib G. Nashi, MD, FAAP Tammy McCluskey, DO, FAAP William L. Lupatkin, MD, FAAP Meera Gupta, MD, FAAP Gwyn Poblete, MD, FAAP Tracy Takach, MSN, APN-C, RN

261 James St., Suite 1G - Morristown, NI 079e0 P 973.540.9393 - advocaremorristownpediatrics.com



MARLENE A GINSBERG, CRS, SRES, CNRS

2015 NJ REALTORS* Circle of Excellence Sales Award* Platinum Five Star Professional Award 2012-2016 NJ Monthly

(201) 230-7697 CELL (973) 267-8990 EXT. 112 OFFICE (862) 345-3749 EFAX, (973) 895-3391 RES. MAGinsberg@aol.com

COLDWELL BANKER D





RESIDENTIAL BROKERAGE

211 South Street Morristown, NJ 07960

Operated by a subsidiary of NHT LLC. MarleneGinsberg.com



Beth Israel Cemetery Association

Ridgedale Avenue, Cedar Knolls

Preferred Rates for Congregation Members

For information call: **973-543-9740** Website: <u>www.bethisraelcemetery.com</u>

We are searching for stories about loved ones in our cemetery to publish in our newsletter.

If you have a story, please email Alise at info@bethisraelcemetery.com



COUNSELING CENTER FOR

COUPLES, FAMILY AND INDIVIDUAL Beverly Zagofsky, MS, LPC

Board Certified and Licensed in Professional Counseling

Chester Woods Professional Park 385 Route 24, Suite 3K Chester, NJ 07930

908-879-2222 973-610-1972 Cell

www.bevzcounseling.com Bevz74@aol.com



Endocrine Consultants of Morris County

10 James Street, Suite 140 Florham Park, NJ 07932

Sheera K. Siegel, M.D.

Board Certified in Endocrinology Fellow, American College of Endocrinology

Tel: 973-665-8100 Fax: 973-665-8097

DrSiegel@ECMCendo.com www.ECMCendo.com



600 Speedwell Avenue Morris Plains, NJ 07950 973-539-3300

Christine M. Dangler, Mgr.-.N.J. Lic. No. 4706 Kip M. Dangler, Dir.- N.J. Lic. No. 3992

> James E. Dangler 1948 – 2005



Lisa G. Hochman, MD . Rachel S. Altman, MD Board Certified Dermatologists Fellows, American Academy of Dermatology 290 Madison Avenue Morristown, NJ 07960 973-538-7171 www.morristowndermatology.com

J.L. Apter Memorial Chapels

Jason L. Apter, Manager • NJ Lic. No. 3650



A CHARITABLE IEWISH FUNERAL HOME

The same dignified full service at greatly reduced prices.

In the Apter Family Tradition Since 1902 Services from \$4395*

Donating \$500 to Morristown Jewish Center Beit Yisrael From Each Funeral

Arrangements Available in Your Home

1 Baker Ave Dover, NJ 2122 Millburn Ave A86 Pompton Ave Cedar Grove, NJ

FREE 877.278.3765 • 973.366.1700

LARRY WEINSTEIN, M.D., F.A.C.S. DIPLOMATE AMERICAN BOARD OF PLASTIC SURGERY

CHESTER WOODS PROFESSIONAL PARK 385 ROUTE 24, SUITE 3K · CHESTER, NJ 07930 (908) 879-2222



www.docweinstein.com





Charles A. Joseph, MD Maria C. Lijo, MD Janet Regan-Livingston, FNP-C

340 Speedwell Avenue Morris Plains, NJ 07950 Tel 973.267.9899 Fax 973.538.3522

Atlantic Health System



ELLEN STOLOFF

Doctor Of Physical Therapy Specialist In Geriatric Home Care

phone: 917-270-4661 email: llen@ellenstoloffpt.com fax: 973-533-0295 web: www.ellenstoloffpt.com

Susan M. Joseph Esq.
Lovas, Akselrad & Joseph
(973)927-8850
431 Route 10 East, Suite 2A
Randolph, NJ 07869





ShopRite of Parsippany

808 Route 46, Parsippany NJ (973) 335-2625

Announces its New

GLATT KOSHER SERVICE MEAT DEPARTMENT

under the supervision of the MetroWest Vaad.

The same high quality and low prices you expect from ShopRite and now KOSHER too!!!

MARTIN A. GROSSMAN



MARTY'S HOME AND APPLIANCE REPAIRS CERTIFIED AGING-IN-PLACE SPECIALIST

Bathroom Saftey, Grab Bars, Handrails Electrical. Lamp/Light Rewiring Leaks, Faucets, Furniture Assembly

Telephone/Fax (973) 324-0429







Eric S. Solotoff
Attorney at Law
973.994.7501
esolotoff@foxrothschild.com
Blog: http://njfamilylaw.foxrothschild.com

Fox Rothschild LLP

75 Eisenhower Parkway, Suite 200, Roseland, NJ 07068-1600 Tel 973.992.4800 Fax 973.992.9125 www.foxrothschild.com

Certified by the Supreme Court of New Jersey as a Matrimonial Law Attorney



Family Owned & Operated Since 1932 Visit Our Designer Showroom TODAY!



Hunter Douglas Window Treatments
Carpet & Wood Flooring
Tile & Natural Stone
Custom Drapery
Upholstery

Residential & Commercial Custom Installation



108 Ridgedale Avenue, Morristown, NJ 973-538-9090 www.SpeedwellDesign.com





Please tear out and save! For more information look inside your newsletter.

PM
) AM
PM
) AM
PM
AM
) AM
PM
PM
PM
PM
АМ
PM
MA (
) AM
PM
PM
H H H H O O H



(973) 538-9292 phone • (973) 538-3229 fax • office@mjcby.org • <u>www.mjcby.org</u>

NON-PROFIT ORGANIZATION U.S. POSTAGE P A I D CALDWELL, NJ PERMIT #1379

Address Service Requested

Log on for the Latest: www.MJCBY.org

Take a look at our new and improved website. You'll find this snappy site chock full of news, events, photos and more! Log on at www.mjcby.org

